

## S P O R T S R E P O R T

AUGUST 23, 2006

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## Conference Sponsors



## FALL SPORTS PREVIEWS

Division I VolleyballIndian Hills Warriors

**Coach:** Tori Fowler (2nd Season, 54-21)

**2006 Record:** 16-15 (0-2)

The young women in Ottumwa, IA finished up at 16-15 overall and 0-2 in the conference last season. These women have gained the experience they need to become veterans of the league. Indian Hills Community College will have 5 returning players with one of them Melanie Hackbarth, receiving All-Region honors as a freshman. Most of Indian Hills scoring opportunities are going to derive from Hackbarth's 11.2 assists per game. Chelsea Wood, Amy Wetrich, and Briana Thornton are the other top returners that will take the incoming freshman under their wing. Head Coach Tori Fowler kept busy in the off-season bringing in 3 recruits that will become a part of Indian Hills' promising future. These new incomers are Allison Uceda, an outside hitter from Lima, Peru; All-State middle hitter Karie Downing from Ottumwa, IA; and Ana Maira Charun, an outside hitter from Lima, Peru.

Iowa Western Reivers

**Coach:** Terry Gamble (3rd Season at Iowa Western 321-128 career record)

**2006 Record:** 60-4 (2-0)

Coach Terry Gamble returns to the Reiver bench after winning the NJCAA DI National Championship

in 2006. His Reiver squad compiled a 60-4 record, sweeping through the National Tournament. Coach Gamble returns 5 players from last year's championship squad, including Juliana Paz who was a NJCAA First Team All-American last year. Also returning is Juliana Kenealy, Gabby Pfannenstiel, and Alicia Runge. Newcomers to the Reivers roster in 2007 will be Jodeen Rademacher, Jennifer Skinner, Abby Mohlis, and Meng Meng Xu.

Division II VolleyballClinton Cougars

**Coach:** Joe Shovlain (4th Season, 15-60 record)

**2006 Record:** 2-21 (0-13)

Clinton Community College is looking to load up on talent with a huge recruiting class. After finishing up with a 2-21 overall and 0-13 conference record, Head Coach Joe Shovlain is bringing in a ton of new faces for a fresh start. They will, however, return Aimee Aude and Cara Akker from last year's squad to lead the young newcomers. The first year players for the Cougars include: Bri Willis – an outside hitter and all area performer from Camanche High School, Kendra Jenkins – a defensive specialist from Camanche High School, Sarah Weiss – a middle hitter and all area performer from Clinton High School, Erica Nuemann – a setter from Clinton High School, Tori Isehour – a middle hitter and all area performer from Prince of Peace High School in Clinton, Hannah Smith – a setter from Unity Christian

in Fulton, Jenni Bader – an outside hitter from North Scott High School in Eldridge, Kelsi Schawl – a middle/outside hitter from Central High School in DeWitt, Tiffany Cady – a middle hitter from Central High School in DeWitt, Megan McCarthy – a setter from Durant and Bailey Schultz – an outside hitter from Madison, WI.

DMACC Bears

**Coach:** Patty Harrison (3rd Season at DMACC—354-212 Career Record)

**2006 Record:** 36-9 (8-0)

Patty Harrison and the DMACC Bears return in 2007 fresh off a NJCAA National Tournament appearance in 2006 where the Bears finished 10th. DMACC returns 4 players from last year's team, Courtney Caspers (5'8" OH), Kayla Knobbe (5'10" S), Jodi Jurik (5'11" S), and Rachel Wenzel (5'2" L). The Bears have a lot of roles to fill after the departure of a majority of the 2006 team. Coach Harrison hopes that five new incoming freshman can help fill those roles; Monica Driscoll (L, Williamsburg, IA), Shelby De Neice (OH, Iowa City, IA), Katie Heuer (RH, North Butler, IA), Bethany Bray (MB, Shenandoah, IA), and Jordan Banes (OH, Cedar Rapids, IA).

## DIVISION II VB, CONT'D.

### Ellsworth Panthers

**Coach:** Chris Lesneski (First season at Ellsworth CC 96-89 career record)

**2006 Record:** 19-21 (2-6)

Ellsworth CC first year Volleyball Head Coach Chris Lesneski will return 6 players from a 2006 squad that went 19-21 overall. Coach Lesneski will return Sydni Fenner (6'1" RS), Jeralyn Schulte (5'9" S), Katie Rassmussen (5'10" OH), Jordan Meredith (5'11" MB), Abby Cockrell (5'8" OH), and Brianne Wallgren (6'0" MB). Coach Lesneski's first recruiting class consists of Katelyn Early (6'0" OH) from Hermantown, MN, Kelly Annis (5'9" OH) from Vinton-Shellsburg, IA, and Anna Johnson (5'5" DS/S) from Brainard, MN. Good luck to Coach Lesneski this season and welcome to the ICCAC.

### Iowa Central Tritons

**Coach:** Jim Deisler (2nd Season at Iowa Central)

**2006 Record:** 30-9 (10-3)

Iowa Central Community College looks to be a veteran team this season with 8 returning players on their roster. After a 30-9 overall and 10-3 conference records last season, Head Coach Jim Deisler has to be pleased with his situation. Morgan Brown and Hailey Beneke, two of his key players last season, will return bringing a combined 690 kills last season. Brown also served up 74 aces and got 461 digs. Beneke resembled a brick wall sending back 201 blocks. On top of Iowa Central's returning talent, they will add to their repertoire with incoming freshmen CallieAnne Rittenour from Fergus Falls, MN and Beth Tyler from Wahoo, NE. These two had many high school honors and will contribute greatly to the Triton's success.

### Iowa Lakes Lakers

**Coach:** Scott Tschetter (10th season, (257-167) career record at ILCC)

**2006 Record:** 29-12 (11-2)

For 10 years the Iowa Lakes volleyball program has developed a great tradition under the control of Scott Tschetter. With an impressive career record of 257-167, Coach Tschetter's team dominated last season ending up at 29-12 overall and finished on top in the ICCAC standings with a 11-2 conference record. Liz Miller, Jenna Tammel, Chelsea Hill, and Arah Klienschmidt are all returners from last year's extraordinary squad. Coach Tschetter definitely didn't slow down in the off season as he brings in a huge recruiting class. These girls are: Erin Jacobsen from Virginia, MN; Alison Albers from Goodhue, MN; Teegan Hunziker from Milford, IA; Melissa Dorale from Mitchell, SD; Martha Stover from Fort Dodge, IA; Mindy Meyer from Fenton, IA; and Caitlyn Moore from Lake Mills, IA.

### Kirkwood Eagles

**Coach:** Jill Williams (3rd season 29-14)

**2006 Record:** 17-25 (10-3)

The Kirkwood volleyball team is looking to rally back this year under the reign of head coach Jill Williams. Coach Williams is entering her 3<sup>rd</sup> season as the Eagles head coach. Last season Kirkwood ended the season with an overall record of 17-25. With only 3 returning players they will be relying on the young freshman talent. The newcomers will be looking up to Allison Nunnikhoven and Ashley Cox. These two individuals will have to take the young team under their wing to have another successful season. Nunnikhoven, a setter, played 139 games last year dishing

out 505 assists and got down for 296 digs. Cox will let her sophomore experience lead the team from the outside hitter spot. There are 5 key recruits that have committed to Kirkwood: Kristin Smith, an outside hitter from Minneapolis, MN; Rachel Walker, a middle hitter from Janesville, IA; Hanna Bruns, an outside hitter from LaPorte City, IA; Rebecca Carroll from Davenport, IA; Tiffany Anderson, a setter, from West Union, IA

### Marshalltown Tigers

**Coach:** Jackie Holland (2nd Season at Marshalltown CC)

**2006 Record:** 17-16 (9-4)

Jackie Holland is entering her second season as the head coach for Marshalltown Community College. She managed to finish up with a winning record last season with a 17-16 overall record and 9-4 in conference play. Marshalltown looks like they are in great shape to improve on last season's success with 3 returning players and 6 dazzling recruits moving to Marshalltown. Sarah Geist will return with her 48 blocks and 213 digs. Channing Merchant will be back to dish out 10.6 assists per game, and Michelle Elliott will bring her 240 kills, 26 blocks, and 103 digs. The new recruits to look out for are: Abby Horbach, a setter from Toledo, IA; Devon Ward, a middle hitter from Tama, IA; Steph Kupka, utility hitter from Clutier, IA; Sarah Radke, a setter from Aurelia, IA; Laura Johnson, a Libero from Marshalltown, IA; and Laura Eggers, a middle hitter from State Center, IA.

### Coaches Projected order of Finish—DI Volleyball

1. Iowa Western CC
2. Indian Hills CC

### Pre-Season DI

#### Volleyball ICCAC

#### Coaches Poll:

#### ICCAC—North (11a)

1. Iowa Lakes CC
2. Iowa Central CC
3. Ellsworth CC
4. Marshalltown CC
5. North Iowa Area CC

#### ICCAC—South (11b)

1. Kirkwood CC
2. Des Moines Area CC
3. Southwestern CC
4. Southeastern CC
5. Clinton CC

**DII VB CONT'D****NIACC Trojans**

**Coach:** Ted Bieth (3rd season 7-23)

**2006 Record:** 17-21 (0-4)

Ted Bieth will be entering his 3<sup>rd</sup> season as the NIACC volleyball head coach. The Lady Trojans had a tough season last year ending up 17-21 overall and 0-4 in the conference. Coach Bieth has to feel optimistic about the upcoming season with 4 returning players. Katie Bormann, Anita Whitehead, and Nicki Sandberg are 3 key assets that are returning for NIACC. These sophomores will get to test their leadership skills with the new incoming talent. Sarah Heineman, a middle blocker from Vinton, IA and Kallie Winn, a setter from Twentynine Palms, CA will join the roster for this season. Both of these exceptional athletes received all-state honors in high school.

**Southeastern Blackhawk's**

**Coach:** Susan Wick (3rd season at SECC, 28-58)

**2006 Record:** 15-26 (4-9)

The Blackhawks from Southeastern Community College are looking to greatly improve on their 15-26 overall and 4-9 conference records. Their progress to this goal already looks promising 4 returning players, and with the head coach Susan Wick bringing in some key recruits. Tessa Prochaska, Heather Heuvelmann, and Jenna Grim are a 3 person band that will lead the Blackhawks. Combined, the 3 averaged almost 6 kills per game. Prochaska dished out 10 assists per game herself. They will be great role models for the incoming freshmen. The key newcomers to watch for are: Julie Kildahl, an outside hitter from Antigo, WI; Alicia Yeakey, a middle blocker from Biggsville, IL; and Katie Hollingsworth, an outside hitter from Mediapolis, IA.

**Southwestern Spartans**

**Coach:** Rita Schroeder (22nd season, 644-301 career record)

**2006 Record:** 16-25 (4-4)

Southwestern CC Head Coach Rita Schroeder returns for her 22nd year of coaching South-

western CC Volleyball. Coach Schroeder hopes to have the Spartans back to championship form in 2007 with the return of 2nd Team All-Region player Anna Waymaster, a 6'0" MH and Ashtyn Neill, a 5'9" 'S. The Spartans return 2 other players from the 2006 squad and hope that three incoming players will add depth to the team. Courtney King, a 5'9" S/H from Treynoy, IA, Bridgette Hines, a 6'0" MH/H from Omaha, NE, and Meredith Pegram, a 6'0" player from Des Moines, IA will hope to contribute early for the Spartans.

**Returning All-Region Players—Division II**

**Iowa lakes CC**—1st team-Liz Miller. 2nd Team- Jenna Tammel, Chelsea Hill

**Marshalltown CC**-2nd Team-Sarah Geist. Honorable Mention- Channing Merchant

**Iowa Central CC**- 2nd Team- Hailey Beneke

**DMAcc**-1st Team- Rachel Wenzel

**Southwestern**-2nd Team- Anna Waymaster. Honorable Mention- Ashtyn Neill

**Southeastern**-1st Team- Tessa Prochaska. 2nd Team-Heather Heuvelmann. Honorable Mention- Jenna Grimm

**Ellsworth CC**- Honorable Mention- Syndi Fenner

**Returning All-Region Players—Division I**

**Indian Hills CC**- Melanie Hackbarth

**Iowa Western**-Juliana Paz

## DIVISION I MEN'S AND WOMEN'S CROSS COUNTRY PREVIEWS

### Iowa Central Tritons

**Coach:** Dee Brown (3rd Season)

**2007 Men's Outlook:** Iowa Central men's cross country team returns eight runners including Carl Raum, Robbie Teff, Greg Bell, Barnabas Dyedi who was a Coaches All-American in 2005, and Hillary Samoei who was undefeated in his first four competitions, and was a Half marathon All-American. Iowa Central's men's team welcomes two runners to the lineup this year: Stephen Dak, an Iowa State Champion from Marshalltown, and Aaron Schmidt a 6<sup>th</sup> place winner at the Iowa State Championships from Mt. Vernon

**2007 Women's Outlook:** Iowa Central's women's team placed finished 22<sup>nd</sup> in the Nation in 2006 and look to continue their success in 2007. The women's team welcomes back four runners including Ashley Stevens who placed 6<sup>th</sup> at Regionals and 95<sup>th</sup> at Nationals in 2006. The team welcomes Katie Monahan and Cassie Battenfeld from Waseca MN, and also Joyce Cheruiyot who was an Indoor All-American last season.

### NIACC Trojans

**Coach:** Curtis Vais (3rd Season)

**2007 Men's Outlook:** Curtis Vais is heading into his 4<sup>th</sup> season as the head coach for the North Iowa Area Community College men and women. The men had an exceptional season in 2006. NIACC was the Mustang Gallop team champions as well as the Brissman/Lundeen Junior College division champions. Their upcoming season

looks promising with 3 returning runners. Dan Meyer is one last year's most outstanding runners and will be back for his sophomore season. He was the 2006 conference champion as well as the runner of the region meet in 2006. NIACC has 4 incoming freshman to help lead their program. The freshman are: Kevin Coy from Knoxville, IA, Jason Getz from New London, IA, Sean Coleman from Imperial, MO, and Seth Blanchard from Charlotte, IA

**2007 Women's Outlook:** The NIACC women will be relying heavily on their freshman newcomers with Anna Schumacher being the only returning runner for the Trojans. Eyes will be focused on the freshmen Kelly Ipsen from Homestead, IA and Kacy Nehowig from Minnesota. They will have to step up to challenge and lead their team as freshmen.

### Iowa Lakes Lakers

**Coach:** Molly Struve (1st Season)

Iowa Lakes Community College has hired a new head coach to lead their young program. Molly Struve has taken the challenge of leading the cross country program, which is only about 4 years old. She will inherit some great returning talent with Jason Vogel. Vogel is a Sophomore from Spencer High School in Spencer, IA where he was a standout in cross country and track. Coach Struve is bringing in more exceptional talent with Candace Klepper. Klepper has committed to starting her collegiate running career at Iowa Lakes. Klepper is originally from Terril, Iowa where she ran track for Graettinger-Terril. It should be an interesting and exciting year for Iowa Lakes with all of the new faces and talent that has arrived.

### Ellsworth Panthers

**Coach:** Greg Hodak (3rd Season)

**2007 Outlook:** Coach Greg Hodak has coached a women's regional champion and an All-American will be coaching a young team this season after the graduation of seven runners from the 2006 team. The 2006 women's team finished runner-up at the regional meet and are looking forward to future success.

### Iowa Western Reivers

**Coach:** Emmett Statzer (1st Season at Iowa Western)

Iowa Western Community College cross country team will have plenty of new faces with the hire of head coach Emmett Statzer and all of the new recruits he is bringing with him. Already in his first year he has branched out overseas to bring in Alfred Kite and Gladys Serem from Eldoret, Kenya to join the Reiver's roster. He also brought Jessie Shirley and Jamie Shirley in from Silver Springs, Nevada. There will still be a few familiar faces around with Thomas Norton, Jacob Smith, and Kelly Knight all returning from last season. Kelly Knight will be the one to watch this season after she placed 4<sup>th</sup> in the conference in 2006 and qualified for nationals.

### Indian Hills Warriors

**Coach:** Bill Gray (1st Season)

### 2007 Men's Outlook:

Indian hills is beginning their first season of competition this year. The men's roster includes: Kale

## 2006 Division I All-Region Returning Runners

### MEN:

**Southwestern-**Kale Floyd (1st team), Justin Faught(2nd Team)

**NIACC-**Dan Mayer (1st team)

### WOMEN:

**Iowa Central CC-** Ashley Stevens (2nd Team)

**Iowa Western-** Kelly Knight(1st Team)

Wynyarden from Ottumwa, Enrique Ramirez from Ottumwa, Ryan Noe from Ottumwa, Caleb Giesel from Salem, Buddy Harsch from Drakesville, Austin Boomgarden from Moravia, Timothy Archer from St. Joseph MO, Michael Anderson from Oskaloosa, Dane Francis from Blakesburg, Martin Njuguna from Ruiru, Kenya, and Solomon Rotich from Eldoret, Kenya.

**2007 Women's Outlook:** The women's roster includes: Whitney Reno from Humeston, Lauren Jones from Centerville, Ashley Spurgeon from Ottumwa, Khadija Levy from Milwaukee WI, Caitlyn Courtney from Ottumwa, Sarah Griffiths from Brooklyn, and Gorginah Rotich from Ruiru, Kenya.

### Southwestern Spartans

**Coach:** Bill Huntington (2nd Season)

Head Coach Bill Huntington has his head held up high after a phenomenal season in 2006. The Spartan Cross Country team was the 2006 Region XI Champions. On top of winning the region, Coach Huntington was named the Region XI Men's Coach of the Year. This could be a scary year for the rest of the ICCAC cross country squads with the Spartans returning 3 runners. Kale Floyd and Justin Faught were both voted onto the 2<sup>nd</sup> team All-Region as freshman. Coach Huntington is also bringing 4 new runners with very impressive resumes. Luis Ruiz from Sidney, IA; Kyle Selsor from Winterset, IA; Justen Templeman from Atlantic, IA; and Dustin Elliot from Sparta Missouri were all state qualifiers for cross country in their high school careers. They are all looking to make the quick transition to carry their success over to the collegiate level.

## DIVISION I MEN'S & WOMEN'S SOCCER PREVIEW

### Iowa Central Tritons

**Coach:** Willie McGowan (3rd year at school)

**Men's 2006 Record:** 10-7-3 (5-2-2)

Nathan Mason has recently been hired to take over the Iowa Central Community College men's soccer team. He will begin his tenure as the head coach with 6 returning players from last year's squad. Andrew Pavel, Rafael Dominguez, and Javier Soto are the 3 sophomore players to watch this season. Javier Soto received all-conference honors last season and looks to do the same this year. Coach Mason has also brought in 3 recruits with him to give the program a fresh start. Tom Lambert from Nottingham, England, Amadou Doumbia from Salt Lake City, Utah, and Eric Niesen from Fort Dodge, IA are the newcomers to watch.

**Women's 2006 Record:** 14-5 (4-2)

The Iowa Central Community College women's soccer team will enter its 3<sup>rd</sup> season with Willie McGowan as the head coach. Last season they managed to pull off a 14-5 overall record and 4-2 in conference play. It looks as if they are in great shape to pull off yet another successful season with 6 returning players. Andrea Tritz, Andrea Cain, Megan Pfile, Ashley Miller, Ashley DeBaun, and Angela Witt will all be back for their sophomore season. Coach McGowan is adding to the pool of talent with 6 new recruits. These girls are: Kelsey Arney from Bettendorf, IA; Frances Buckle from Banbury, England; Nicole Gooch from Des Moines, IA; Carly Nevin from Warwick, England; Pachel Pederson, an Iowa Western CC transfer; and Devon Kenealy from Council Bluffs, IA.

### Iowa Western Reivers

**Coach:** Ammon Bennett (5th season, 105-23-11 women's career record, 55-46-8 Men's

career record)

**Men's 2006 Record:** 12-7-1 (7-3)

The Iowa Western Men's Soccer team will look to get back to the Region XI Championship game again in 2007 after being in the game the past 2 seasons. The Reivers have 8 returning players from 2006, including Kourtney Knowles and Taft Fuller, both 2nd Team All-Region Selections. Also returning is Jamie Gibbons, Tyler Nelson, Zach Vanwageman, Dan Fischer, Brandon Wood, and Zack Laupma. Adding depth to the Reiver line-up will be incoming freshman, Theo Livingston (MD, Omaha, NE), Garret Wood (K, Smithfield, UT), Riley Landolt (K Council Bluffs, IA), Samuel Skanchy (D, Salt Lake City, UT), Jake Beiermann (F, Omaha, NE), Tim Soenksen (MD, Lincoln, NE), and James Driver (MD, Council Bluff, IA).

**Women's 2006 Record:** 20-2-1 (6-0)

The Iowa Western Women's Soccer Team in 2006 went all the way to the NJCAA Division I Championship game before being defeated by Young Harris College 2-0. The 2007 Reivers return 10 players from last year's squad, including NJCAA All-American Kim Olson and NSCAA All-American Erica Sholley. Katie Morgan who was named the NJCAA Tournament's Best Defensive Player is also returning. The returning players will be asked to provide the leadership for the new players coming in. A few of those players include; Daniele Gordon from Atkins, IA, Ashley Brown from Harlan, IA, Milena Buchei

from Lake Point, UT, Jessa Cook from Ammon, ID, and Lyndsey Boden from Ogden, UT as well as several other players from Iowa and Utah.

### NIACC Trojans

**Men's Coach:** Mike Regan (1st Season as Head Coach)

**2006 Record:** 6-10-1 (1-9)

Mike Regan takes over the Head Coaching duties for the Men's Soccer program from Colin Murphy at North Iowa Area Community College in 2007. Coach Regan comes from Yatley, England to coach the Trojans. Coach Regan inherits 7 returning players from the 2006 season, including Andy Scott, a 6'0" defender. The top incoming players for the Trojans in 2007 include; Simon Cook (GK), Chris Bazen (Mid.), Lewis Clack (Mid.), Sam Broadbent (Mid.), and Mike Unwin (FW).

### Pre-Season DI Soccer

#### ICCAC Coaches Polls:

#### **Men's:**

1. Iowa Central
2. Iowa Western
3. Marshalltown
4. Dakota County
5. Scott
6. NIACC

#### **Women's:**

1. Iowa Western
2. Iowa Central
3. Dakota County
4. Scott

### Returning All-Region

#### Players

#### Women:

**Iowa Western-** Kim Olson, Erica Sholley(1st Team)

**Dakota County Tech-**Keely Anderson, Kim Miller(1st team)- Julie Selves (honorable mention)

**Iowa Central CC-**Andrea Tritz, Andrea Cain(1st Team) Megan Pfile, Ashley Debaun(2nd Team)

**Scott CC-**Paige Erling(1st Team) Shawna Mangels, Lauren Savala (2nd team).

#### Men:

**Iowa Western-** Kourtney Knowles, Taft Fuller(2nd Team) .

**Marshalltown-**Arkenson Neckels, Joshua Ademosu-(2nd team)

**Dakota County Tech-** TJ Haag (2nd Team)

**NIACC-** Andy Scott (1st Team)

## DI SOCCER PREVIEWS CONT'D

**Marshalltown Tigers**

**Coach:** Marcelo Serrano  
(4th Season, 38-7-7)

**2006 Men's Record:** 16-2-1 (9-1-0)

Marcello Serrano enters his fourth season of coaching the Marshalltown CC Men's Soccer Team. The 2006 season saw the Marshalltown Men win the Region XI Trophy, only to fall in the District match against the College of DuPage. Serrano returns 8 players from last years squad, 2 of which were 2nd Team All Region players, Arkenson Neckels and Joshua Ademosu. Also returning will be Darryl Bartens, Zachary Groomes, Morris Amara, Abraham Cardenas, Rafael Cruz, and Leandro Brando.

**Scott Eagles**

**Coach:** Phil Armer (1st Season)

**Men's 2006 Record:** 3-13-3 (2-7-1)

Head Coach Phil Armer has a tough task ahead of him with Scott Community College not returning any players from last season's squad. The Eagles finished up last season at 3-13-3 overall and 2-7-1 in conference play. Coach Armer has definitely increased his odds with his recruiting bringing in 4 key players. James Lewis, Mario Ponce, and Jaime Sous are 3 of these key players and are all from the common ground of Davenport, IA. Will Schorg from Bettendorf, IA will also contribute greatly.

**Coach:** Kevin Petersen

(3rd Season, 11-20-1)

**2006 Women's Record:** 10-7-1 (2-4)

Scott Community College is returning ten players from last season including five All-Conference selections. Marti Meier and Sammi Pacha both received All-Conference Honorable Mention, Shawna Mangels and Lauren Savala both received 2<sup>nd</sup> team All-Conference honors, and Paige Erling received 1<sup>st</sup> team All-Conference honors and was an All-American Nominee in 2006. Scott Community College welcomes Kate Styles from Rock Island IL, Kaitlin Vallejo from Moline IL, Damyra Williams from Davenport IA, and Mackenzie Stawicki from United Township IL.

**Dakota County Technical College Blue Knights**

**Coach:** Cam Stoltz (4th Season, 21-20-1)

**2006 Men's Record:** 9-10-2 (4-5-1)

The men's soccer team at Dakota County Technical College is looking to improve on their previous 9-10-2 overall and 4-5-1 conference records. They will return 6 players from last year's squad, two of which received all-region honors. TJ Haag was voted onto the 2<sup>nd</sup> Team All-Region after the 2006 season. Vincent Mbibi was given an All-Region Honorable Mention award. These two standouts will lead the top 6 recruits for Dakota County Technical College. The recruits are: Soni Phommachanh from Burnsville, MN; Adi Bilani from Minneapolis, MN; Geoffrey Kalanzi from Uganda; Dahir Jumale from Marshall, MN; and Alex Johnson from Lakeville, MN.

**Coach:** Cam Stoltz (4th Season, 37-33-5)

**2006 Women's Record:** 4-10-2

Dakota County Technical College returns seven players from last year's team including three All-Region selections. Jessica Johnson, Megan Scanlon, Kenna Kriedemacher, and Kathryn Bousu are returning along with Keely Anderson, and Kim Miller (both 1<sup>st</sup> team All-Region in 2006), and Julie Selves (All-Region Honorable Mention in 2006). Dakota County Technical College welcomes Colette Montgomery, Naomi Stumpf as well as three All-Conference selections in Erica Andreasen, Kate Marie VanWatermulen, and Ashley Jones

**Indian Hills**

**Coach:** Rod Campbell (1st Season)

Indian Hills Community College has decided to start a women's soccer team for the fall season. The man that will take the challenge of starting from scratch is Rod Campbell. Campbell has well over 300 wins thus far in his coaching career and will try to continue his success at the collegiate level. When asked about his top incoming players, Coach Campbell said, "I am not able to really pick any top players right now because of being so new and with building the program. The only time we have been able to view the players was at tryouts and not in game situations. However, I do see some potential in the players and we have some new players with great athletic ability that will help the program tremendously."

**Ridgewater College**

**Coach:** Edelgard Fernandez (1st Season)

Ridgewater College is starting its rookie season in the ICCAC under the realm of Edelgard Fernandez. This experimental year could prove to be a successful one as Coach Fernandez is returning 11 players from last year's soccer club. Dickson Centellas, Emmanuel Martinez, and Francisco Huerta are the returners that will lead squad throughout the tough terrain of the ICCAC schedule. Coach Fernandez has already proven his ability to recruit by sealing the deal with Benjamin Rients from Lakeville, MN; Nickey Ricks from Boston, MA; and Hugo Gonzalez from Morelia, Mich. (Mexico). With all of these elements combined, it should prove to be an exciting first year for Ridgewater College.

## MIDWEST FOOTBALL CONFERENCE PREVIEW

### Midwest Football Conference

#### Iowa Central Tritons

**Coach:** Kevin Twait (12th season, 84-33 record)

**2006 Record:** 9-2 (7-1)

Iowa Central is coming off an impressive season in which they won the Midwest Football Conference Championship in 2006 with a 9-2 overall record and a 7-1 conference record. Iowa Central finished with a #9 national ranking and was the 2006 Graphic Edge Bowl Champions. Coach Kevin Twait returns after twelve years at Iowa Central boasting a 84-33 career record. The team returns eight starters from last year's squad. The returning players on offense include Austin Lensch, Spenser Jeshani, Mike Manternach (1<sup>st</sup> team pre-season NJCAA All-American Guard), and Zach Edwards (completed 54% of his passes and threw for over 1,200 yards last season). The returning defensive players include Don Fennell, Quentin Scott, Will Brown (teams leading tackler in 2006), and Joe Cason (1<sup>st</sup> team pre-season NJCAA All-American OLB). Iowa Central welcomes newcomers Josh Johnson, Adam Dutcher from Southeast Polk H.S., and Jake Peterson from Armstrong-Ringstead H.S.

#### Elsworth Panthers

**Coach:** John Sala (6th season, 25-25 career record)

**2006 Record:** 4-5

Coach John Sala and the Ellsworth Panthers will have a completely new look in the 2007 season as they only return 2 starters on offense and 1 starter on defense. On the offensive side of the ball, CJ Francis (5'9" 200 lbs) will return to run the ball for the Panthers and will look to lead the team in rushing as he did in 2006. Also returning are Luke Brocka (6'4" 235 lbs, TE), Jessie Bundrage (6'1" 210 lbs, QB) and Chris Smith (6'0" 170 lbs, WR). Defensively JJ Henderson (6'1" 240 lbs, DE) is the only returning starter. Also returning from last year will be Theo Jones (5'8" 170 lbs, CB) and Logan Van Dyke (6'6" 290 lbs, DT). Ellsworth CC will rely a lot on Freshman in 2007, including; Cory Wright (6'2" 314 lbs, OT), Alex Rechkemmer (6'2" 290 lbs, OG), Caleb Schweiger (6'3" 285 lbs OG), Zach Aga (6'3" 190 lbs, WR), Andrew Hylton (6'3" 195, WR), Jake Peterson (6'2", 235 lbs, DE), Brian Poore (6'3" 240 lbs, DE), Isaiah Williams (6'4" 290 lbs, DT), Mistal Raymond (6'3" 210 lbs, FS) Elleston Taylor (6'1" 180 lbs, SS) and Joe Forgy (6'5" 215 lbs, LB)

#### NIACC Trojans

**Coach:** Scott Strohmeier (3rd season at NIACC, 9-10)

**2006 Record:** 7-4

The NIACC Trojans will miss Quarterback Ben Alford this season as the 2-year starter will be playing down the road for the University of Northern Iowa in 2007. The Trojans and 3rd year coach Scott Strohmeier will have 4 starters returning on offense; Kyle Staudt (OT), Zeb Ihnen (OG), Brad Theilen (WR), and Tommy Bryant (RB). Returning on Defense for the Trojans will be Reggie St. Pierre (DT), Michael Daniels (DE), and Josh Berry (CB). Some of the top incoming players for the Trojans include Marques Parker (WR, Omaha, NE), Wesley Yarbough (OL, Dallas, TX), CJ Barber (FS, Rock Hills, SC), Maurice Holloway (OT, Lake Monroe, FL) Herve Cantrell (RB/WR, Cedar Rapids, IA), Michael Klacik (RB, Waukee, IA), Edwin Alvarez (OT, Miami, FL), Kevis Streeter (WR, St. Augustine, FL), Cedric Epps (RB, Hobe Sound, FL), Antwan Pratt (LB, Columbus, OH), Joe Audlehelm (WR, Leon, IA), Keon Strachan (WR, Pembroke Pines, FL) and Ryan McMahon (K, Des Moines, IA).

#### North Dakota State College of Science

**Coach:** Chuck Parsons (1st

season as Head Coach)

**2006 Record:** 2-7

Chuck Parsons will take over the head coaching duties at North Dakota State College of Science after being an assistant for 4 years. Parsons inherits a team that went 2-7 last season and returns 6 starters each on offense and defense. The top 4 offensive returners are Ricky Henry (6'4" 310lbs, OG) Brandon Kohlwes (6'3" 260 lbs, TE), Alex Strashiem (6'6" 330, OT) and Mike Thornton (6'5" 285 lbs, OT). On the Defensive side of the ball, the Wildcats' top returning players are Jarrett Crittenton (6'6" 275 lbs, DE), Kyle Richardson (6'4" 320 lbs, DT), Will Kasulker (6'4" 235, LB) and James Allison (6'3" 210 lbs, SS). The Wildcats will be helped out with some new incoming players, including; Aaron Schulte (OT, Norfolk, NE), Victor Reynolds (CB, Milwaukee, WI), Xavier Armstrong (DT, Cowpens, SC), Travis Miller (DT, Stillwater, MN), Luis Perez (WR, Brooklyn Center, MN), Jarvis Bernard (DT, Houston, TX) and Nick Eckroth (OL, Hazen, ND).

#### College of DuPage

**Coach:** Fred Fimbres (2nd Season at DuPage)

**2006 Record:** 1-6

The DuPage football team will be looking to improve upon its 2006 record of 1-6. They will return seven players from last years

## MIDWEST FOOTBALL CONFERENCE PREVIEW (CONT'D)

team including four all-conference selections and one NJCAA Player of the Week. Nick Booth and Jeremy Needom will be returning on offense along with Thomas Specia and Timothy Haiges who both received 2<sup>nd</sup> Team All-conference honors last season. On defense, Jeff Lemon and Dan Bermea who each received 1<sup>st</sup> Team All-Conference honors in 2006 will be returning as well as Carlos Bates who was awarded the NJCAA Player of the Week in 2006. DuPage welcomes four standout recruits: Brian Thomas from Hubbard H.S., Darius Scott from North Chicago H.S., Frederick "Ike" Pearson from Tantall Co. H.S. GA, and Kyle Strunk from Johnston City H.S.

### Rock Valley College

**Coach:** Jeremy Warren (6th season, 18-32)

**2006 Record:** 4-6

Jeremy Warren, the Head Coach of the Rock Valley Golden Eagles has only 7 total returning starters from last seasons 4-6 squad. Four starters return on offense, including Shawn Claybon (QB, 6'1" 195), Tim Peterson (WR, 6'1" 195), and Steve Williams (OL, 6'2" 278). Also returning on the defensive side of the ball is Anthony Smith (6'1" 215, LB) and Fred Blue (6'2" 205, SS). In addition to the seven returning starters, a couple of the top incoming players are Josh Cox

(6'2" 205, QB) and Maurice Moors (6'4" 295, OT).

### Joliet Junior College

**Coach:** Tom Minnick (2nd Season at Joliet, 7-4)

**2006 Record:** 7-4

Tom Minnick begins his second season at the helm of the Joliet Junior College Wolves. Coach Minnick has a majority of his offense returning from last year's 7-4 campaign. He returns 8 starters on offense including Running Back Anthony Stewart, Offensive Line-man Jason Donnal and Mike McDaniel, and Wide Receivers Christian Graham and Jeremy Gettis. On Defense, the Wolves return 4 starters with the top returning players being; Eric Bogaw (DB), Darius Quinn (LB), Shannon Cobb (LB), Dan Moore (DT), and Levingston Lewis (DT). Top incoming players for the Wolves include Jeff Clemens (S) from Lowell HS in Indiana, DeAndre Filer (DB) from Bayside, VA, and P.J. South (DE) from Bolinbrook, IL.

### William Rainey Harper College

**Coach:** Dragan Teonic (2nd Season at Harper 6-4)

**2006 Record:** 6-4

Second Year Coach Dragan Teonic will return 9 starters overall in 2007 for the Harper Hawks. Four starters on Offense and five on defense will provide the leadership for this year's team. The Hawks skill positions on offense will look to

be a strong point as they return Deon Williams and Curtis Robinson at Running Back, Trevor Bupp at Quarterback, and Brian Mitz and Ian Shelton at Wide Receivers. On the defensive side of the ball, the Hawks return Erik Fossen (DE), Aaron Diggs (LB), and three defensive backs in Calvin Grant, James Holmes, and Lionell Lamarre.

### Grand Rapids CC

**Coach:** Jim Schulte (5th Season, 32-11)

**2006 Record:** 8-3

Grand Rapids CC Head Coach Jim Schulte returns to the Midwest Football Conference in 2007 with 4 returning offensive starters and 6 returners on defense from a team that won the 2006 The Graphic Edge Bowl. The Raiders return Nick Toth at Center and Cory Hill at Tackle to anchor the offensive line in addition to incoming lineman Youser Hanna and Tim Haynes, both from Michigan. Also returning on offense is Justin Wynn at Wide Receiver and Dwight Thompson at Running Back. On the defensive side of the ball Jarrell Herring, Defensive End, Jake Sweedyk, Strong Safety, Ian Bartholomew, Defensive Tackle, and Oscar Johnson, Corner Back are the top four returning players. They will be helped in the backfield by incoming Corner Backs Chris Mitchell and Martino Dort. Austin Cole from Grass Lake, MI will also help the Raiders offense as the top incoming quarterback

**NEW HIRES FOR 2006-2007**

**New Coaches:**

**Division I Cross Country/Track and Field:**

Iowa Western CC—Emmett Statzer

Iowa Lakes CC—Molly Struve

Indian Hills CC—Bill Gray

**Division I Football:**

North Dakota State College of Science—  
Chuck Parsons

**DII Volleyball:**

Ellsworth CC— Chris Lesneski

**Division I Soccer:**

North Iowa CC: Mike Regan

Scott CC: Phil Armer

Indian Hills CC: Rod Campbell

Ridgewater College:Edelgard Fernandez

**Division I Football Returning All-Region Players (MFC-West)**

**Iowa Central CC**— 2nd Team—Joe Cason(LB), Mike Mant,ernach(OL), Will Brown(LB), Zach Edwards(QB)

**Ellsworth CC**—2nd Team—Luke Brocka(TE), JJ Henderson(DE),

**NIACC**— 2nd Team-Kyle Staudt(OL), Reggie St. Pierre(DL)

**Division I Football Returning All-Region Players (MFC-East)**

**Grand Rapids CC**— 1st Team— Nick Toth(OL). 2nd Team— Jarell Herring (DL)

**DuPage**— 1st team— Dan Bermea(DL), Jeff Lemon(DB). 2nd Team-Timothy Haiges(WR), Thomas Specia(QB).

**Joliet Junior College**—1st team— Anthony Stewart(RB)

**Rock Valley CC**—2nd Team— Tim Peterson(WR)

**William Rainey Harper College**— 2nd Team-Deon Williams(RB)

**SPECIAL EVENTS:**

- October 6 Men's Basketball JUCO Jamboree at the University of Iowa
- November 18- The Graphic Edge Bowl at UNI-Dome (Cedar Falls)



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The Iowa Community College Athletic Conference (ICCAC) is the conference for athletics in Region XI of the National Junior College Athletic Association (NJCAA). It has 15 member schools from Iowa with 16 intercollegiate sports. The ICCAC exists to ensure high quality intercollegiate athletic participation and competition through proper and professional administration in accordance with the NJCAA.



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