

2008 Region XI Time Trial

Kennedy Park; Fort Dodge, IA

Aug. 22, 2008

Sunny and Warm
Results by Iowa Central Cross Country

Click on the "pace" links to move about through the results. Use the Find option of your Web Browser to find the performance of a specific individual or team.

Women's Race

PLACE	TEAM	POINTS	PLACES	OF	FINISHERS	AVG. TIME	SPREAD
1	Iowa Central Communit	40	1	3	10 11 15 20 23	23:20.1	3:02.5
2	North Iowa Area Commu	44	2	6	7 13 16 17 18	23:48.6	2:38.5
3	Iowa Western Communit	54	4	8	9 14 19 22	24:01.8	2:31.0
4	Indian Hills Communit	211	5	27	28 35	23:35.9	23:00.0
5	Des Moines Area Commu	241	25	31	33 36	26:38.4	28:06.3
6	Southwestern Communit	381	12	21		10:00.9	23:54.2
7	Ellsworth Community Co	398	24	26		11:04.4	26:57.7
8	Iowa Lakes Community	409	29	32		12:10.8	29:47.2
9	Unattached	412	30	34		13:32.5	30:09.0

[Individuals](#)

PLACE	FINISHER	TIME	PACE
1.	Iowa Central Communit		
1	Adreona Bradford, Fr	21:46.1	7:01
3	Molly Cashman, Fr	22:52.0	7:23
10	Amanda Vorthmann, Fr	23:36.3	7:37
11	Kara Keller, Fr	23:37.7	7:37
15	Agnes Kapsoiyo, Fr	24:48.5	8:00
20	Lauren Mitchell, Fr	25:28.5	8:13
23	Kristina Heatherington, So	26:31.7	8:33
Total Time = 116:40.6		Total Places = 40	
2.	North Iowa Area Commu		
2	Kacy Nehowig, So	22:37.0	7:18
6	Monica Garcia, Fr	23:01.9	7:26
7	Konnie Keifer, Fr	23:30.0	7:35
13	Hannah Poolman, Fr	24:38.9	7:57
16	Sarah Humphrey, Fr	25:15.4	8:09
17	Magen Kronos, So	25:16.5	8:09
18	Emily Mujica, So	25:23.6	8:11
Total Time = 119:03.1		Total Places = 44	
3.	Iowa Western Communit		
4	Nicole Layson, Fr	22:55.7	7:24
8	Madison Brummer, Fr	23:31.1	7:35
9	Althea Smith, Fr	23:35.5	7:37
14	Morgan Avery, Fr	24:39.9	7:57
19	Stephanie Porter, Fr	25:26.6	8:12

22 Gladys Serem, So 26:29.6 8:33
 Total Time = 120:08.7 Total Places = 54

4. Indian Hills Communit
 5 Whitney Reno, So 23:00.0 7:25
 27 Kaitlin Courtney, So 28:35.9 9:14
 28 Rachel Bronson, Fr 28:46.4 9:17
 35 Andreanna Schooley, Fr 37:37.3 12:08
 Total Time = 117:59.5 Total Places = 211

5. Des Moines Area Commu
 25 Tashington Austin, Fr 28:06.3 9:04
 31 Robin Cornelius, Fr 30:46.5 9:56
 33 Melanie Bloomquist, Fr 32:51.2 10:36
 36 Tina Cooklin, Fr 41:28.2 13:23
 Total Time = 133:12.0 Total Places = 241

6. Southwestern Communit
 12 Tressa Miller, Fr 23:54.2 7:43
 21 Patrese Montgomery, So 26:10.1 8:26
 Total Time = 50:04.3 Total Places = 381

7. Ellsworth Communtty Co
 24 Karina Montes, So 26:57.7 8:42
 26 Tigest Tilahun, So 28:24.0 9:10
 Total Time = 55:21.7 Total Places = 398

8. Iowa Lakes Community
 29 Olivia Craig, Fr 29:47.2 9:36
 32 Candace Klepper, So 31:06.8 10:02
 Total Time = 60:53.9 Total Places = 409

9. Unattached
 30 Kacee Prelip 30:09.0 9:44
 34 Katrina Schott 37:33.4 12:07
 Total Time = 67:42.3 Total Places = 412

TEAM
 PLACE SCORE FINISHER TIME PACE TEAM

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1	1	Adreona Bradford, Fr	21:46.1	7:01	Iowa Central Communit
2	2	Kacy Nehowig, So	22:37.0	7:18	North Iowa Area Commu
3	3	Molly Cashman, Fr	22:52.0	7:23	Iowa Central Communit
4	4	Nicole Layson, Fr	22:55.7	7:24	Iowa Western Communit
5		Whitney Reno, So	23:00.0	7:25	Indian Hills Communit
6	5	Monica Garcia, Fr	23:01.9	7:26	North Iowa Area Commu
7	6	Konnie Keifer, Fr	23:30.0	7:35	North Iowa Area Commu
8	7	Madison Brummer, Fr	23:31.1	7:35	Iowa Western Communit
9	8	Althea Smith, Fr	23:35.5	7:37	Iowa Western Communit
10	9	Amanda Vorthmann, Fr	23:36.3	7:37	Iowa Central Communit
11	10	Kara Keller, Fr	23:37.7	7:37	Iowa Central Communit
12		Tressa Miller, Fr	23:54.2	7:43	Southwestern Communit
13	11	Hannah Poolman, Fr	24:38.9	7:57	North Iowa Area Commu
14	12	Morgan Avery, Fr	24:39.9	7:57	Iowa Western Communit

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15	13	Agnes Kapsoiyo, Fr	24:48.5	8:00	Iowa Central Communit
16	14	Sarah Humphrey, Fr	25:15.4	8:09	North Iowa Area Commu

17	15	Magen Krones, So	25:16.5	8:09	North Iowa Area Commu
18	16	Emily Mujica, So	25:23.6	8:11	North Iowa Area Commu
19	17	Stephanie Porter, Fr	25:26.6	8:12	Iowa Western Communit
20	18	Lauren Mitchell, Fr	25:28.5	8:13	Iowa Central Communit
21		Patrese Montgomery, So	26:10.1	8:26	Southwestern Communit
22	19	Gladys Serem, So	26:29.6	8:33	Iowa Western Communit
23		Marielle Svardh, Fr	26:29.9	8:33	North Iowa Area Commu
24	20	Kristina Heatherington, So	26:31.7	8:33	Iowa Central Communit
25		Karina Montes, So	26:57.7	8:42	Ellsworth Community Co
26		Brittany Kuhn, Fr	27:12.0	8:46	North Iowa Area Commu
27		Dacoda Perrin, Fr	27:21.5	8:50	North Iowa Area Commu
28		Lindsey Borr, Fr	27:45.3	8:57	Iowa Central Communit

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29		Tashington Austin, Fr	28:06.3	9:04	Des Moines Area Commu
30		Tigest Tilahun, So	28:24.0	9:10	Ellsworth Community Co
31		Kaitlin Courtney, So	28:35.9	9:14	Indian Hills Communit
32		Rachel Bronson, Fr	28:46.4	9:17	Indian Hills Communit
33		Robin Lacquement, Fr	29:28.6	9:30	North Iowa Area Commu
34		Olivia Craig, Fr	29:47.2	9:36	Iowa Lakes Community
35		Sanchia Lee, Fr	30:04.7	9:42	Iowa Central Communit
36		Kacee Prelip	30:09.0	9:44	Unattached
37		Robin Cornelius, Fr	30:46.5	9:56	Des Moines Area Commu

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38		Candace Klepper, So	31:06.8	10:02	Iowa Lakes Community
39		Melanie Bloomquist, Fr	32:51.2	10:36	Des Moines Area Commu

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40		Derby Sigei, Fr	37:03.1	11:57	Iowa Central Communit
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41		Katrina Schott	37:33.4	12:07	Unattached
42		Andreanna Schooley, Fr	37:37.3	12:08	Indian Hills Communit

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43		Tina Cooklin, Fr	41:28.2	13:23	Des Moines Area Commu
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