

Fall 2010 1st Team Academic All-Region

<u>Name</u>	<u>School</u>	<u>Sport</u>
Abby Donnolly	Indian Hills	Cross Country
Ben Smiley	Indian Hills	Cross Country
Brandon Banning	Indian Hills	Cross Country
Caitlin York	Indian Hills	Cross Country
Cheyene Reiter	Indian Hills	Cross Country
Daniel Schieffer	Indian Hills	Cross Country
Edith Jones	Indian Hills	Cross Country
Lucas Brightwell	Indian Hills	Cross Country
Sarah Lindemulder	Indian Hills	Cross Country
Zakeriah Ellingson	Indian Hills	Cross Country
Ashley Ameling	Iowa Central	Cross Country
Ayesha Rumble	Iowa Central	Cross Country
Brandon Griffin	Iowa Central	Cross Country
Caitie Taylor	Iowa Central	Cross Country
Calvin Kibby	Iowa Central	Cross Country
Jordan McCubbin	Iowa Central	Cross Country
Kale Burton	Iowa Central	Cross Country
Kevin Weeder	Iowa Central	Cross Country
Liz Crimmins	Iowa Central	Cross Country
Sun Mudiavita	Iowa Lakes	Cross Country
Traci Speltz	Iowa Lakes	Cross Country
Anthony Drogo	Iowa Western	Cross Country
Blake Hunter	Iowa Western	Cross Country
Dana Miller	Iowa Western	Cross Country
Joanna Drummey	Iowa Western	Cross Country
Justin Hazard	Iowa Western	Cross Country
Troy Jones	Iowa Western	Cross Country
Matt Vavroch	Marshalltown	Cross Country
Matt Carr	Southwestern	Cross Country
Adam Stevenson	Iowa Central	Soccer
Austin Otto	Iowa Central	Soccer
Caleb Miller	Iowa Central	Soccer
Darren Marcello	Iowa Central	Soccer
Graham Nugent	Iowa Central	Soccer
Jared Dehart	Iowa Central	Soccer
Jordan Walgren	Iowa Central	Soccer
Justine Wright	Iowa Central	Soccer
Katelyn Murray	Iowa Central	Soccer
Kayla Strain	Iowa Central	Soccer
Kelli Jo Krause	Iowa Central	Soccer
Madeline Brick	Iowa Central	Soccer
Meegan Murray	Iowa Central	Soccer
Mohamed Nuri	Iowa Central	Soccer
Morgan Lebeurre	Iowa Central	Soccer
Ryan McGowan	Iowa Central	Soccer
Shelby Curry	Iowa Central	Soccer
Stephanie Gale	Iowa Central	Soccer
Tommy Catania	Iowa Central	Soccer
Austin Czupka	Iowa Lakes	Soccer

Fall 2010 1st Team Academic All-Region con't

<u>Name</u>	<u>School</u>	<u>Sport</u>
Ellie Hoover	Iowa Lakes	Soccer
Karen Sosa	Iowa Lakes	Soccer
Adrain Zieg	Iowa Western	Soccer
Alejandro Garcia	Iowa Western	Soccer
Amber Bilodeau	Iowa Western	Soccer
Bailey Baxter	Iowa Western	Soccer
Casey Tims	Iowa Western	Soccer
Christopher Soenksen	Iowa Western	Soccer
Cortney Christensen	Iowa Western	Soccer
Elmurad Hasanov	Iowa Western	Soccer
Everardo Lemus	Iowa Western	Soccer
Haley Voeller	Iowa Western	Soccer
Ian Doney	Iowa Western	Soccer
Jenna Brady	Iowa Western	Soccer
Kailee Karchner	Iowa Western	Soccer
Kelci Little	Iowa Western	Soccer
Mallory McKee	Iowa Western	Soccer
Mia Felts	Iowa Western	Soccer
Michelle Allen	Iowa Western	Soccer
Mohammed Al-Hussein	Iowa Western	Soccer
Randi Jones	Iowa Western	Soccer
Rebecca Larsen	Iowa Western	Soccer
Shelbey Warren	Iowa Western	Soccer
Craig O'Brien	NIACC	Soccer
Jason Greenwood	NIACC	Soccer
Jeff Crawford	NIACC	Soccer
Marvin Ledgister	NIACC	Soccer
Zach Blunt	NIACC	Soccer
Adam Madison	Scott	Soccer
Allie Fuhlman	Scott	Soccer
Caitlin Herrera	Scott	Soccer
Elaina Feuerbach	Scott	Soccer
Jacqueline Graf	Scott	Soccer
Morgan Meseke	Scott	Soccer
Amberlynn Meyermann	Clinton	Volleyball
Elizabeth Ihnen	DMACC	Volleyball
Jamie Buchman	DMACC	Volleyball
Maggie Vondrak	DMACC	Volleyball
Natalie Weis	DMACC	Volleyball
Rachel Ihnen	DMACC	Volleyball
Tiffany Bormann	DMACC	Volleyball
Bibiany Hammes	Indian Hills	Volleyball
Camila Carvelho	Indian Hills	Volleyball
Carly Wehling	Indian Hills	Volleyball
Elizabeth White	Indian Hills	Volleyball
Thamara Silva	Indian Hills	Volleyball
Chelsie Jacobson	Iowa Central	Volleyball
Holly Kwikkel	Iowa Central	Volleyball

Fall 2010 1st Team Academic All-Region con't

<u>Name</u>	<u>School</u>	<u>Sport</u>
Jenna Beebe	Iowa Central	Volleyball
Katie Niesen	Iowa Central	Volleyball
Samantha Feldhans	Iowa Central	Volleyball
Sammy Hobart	Iowa Central	Volleyball
Sara Chodur	Iowa Central	Volleyball
Sara Gustafson	Iowa Central	Volleyball
Veronika Nelson	Iowa Central	Volleyball
Brianna Cox	Iowa Western	Volleyball
Kylee Moore	Iowa Western	Volleyball
Tarrah Sweet	Iowa Western	Volleyball
Amber Pitz	Kirkwood	Volleyball
Kira Yoder	Kirkwood	Volleyball
Brittany Clark	Marshalltown	Volleyball
Danielle Pierce	Marshalltown	Volleyball
Erica Swanger-Weeks	Marshalltown	Volleyball
Juliana Roque	Marshalltown	Volleyball
Cassie Christianson	NIACC	Volleyball
MacKenzie Schindler	NIACC	Volleyball
Mareah Sletten	NIACC	Volleyball
Sarah Maxheimer	NIACC	Volleyball
Carri Peterson	Southeastern	Volleyball
Corissa Quednow	Southeastern	Volleyball
Darcy Nelson	Southeastern	Volleyball
Karla Hester	Southeastern	Volleyball
Amber Thomas	Southwestern	Volleyball
Marie Wapelhorst	Southwestern	Volleyball
Megan Simms	Southwestern	Volleyball

Fall 2010 MFC 1st Team Academic All-Conference

<u>Name</u>	<u>School</u>	<u>Sport</u>
Ben Douthart	Ellsworth	Football
Drew Lyons	Ellsworth	Football
John Rabe	Ellsworth	Football
Wil Cornelius	Ellsworth	Football
Alex Rosado	Iowa Central	Football
Cody Redmond	Iowa Central	Football
Craig Tigges	Iowa Central	Football
Dylan Looft	Iowa Central	Football
Edwin Arceo	Iowa Central	Football
Mat Snider	Iowa Central	Football
Matt Murphy	Iowa Central	Football
Matt White	Iowa Central	Football
Quincy Boas	Iowa Central	Football
Randy Schilling	Iowa Central	Football
Alex Brayton	Iowa Western	Football

Fall 2010 MFC 1st Team Academic All-Conference

<u>Name</u>	<u>School</u>	<u>Sport</u>
Aric Traver	Iowa Western	Football
Austin Nichols	Iowa Western	Football
Ben Snyder	Iowa Western	Football
Blaze Smith	Iowa Western	Football
Cale Bryceson	Iowa Western	Football
Dallas Hendrickson	Iowa Western	Football
Drake Ferch	Iowa Western	Football
Jake Waters	Iowa Western	Football
Jordan Cuvelier	Iowa Western	Football
Matt Waters	Iowa Western	Football
Micah Berg	Iowa Western	Football
Nate Seibert	Iowa Western	Football
Ryan Hubbell	Iowa Western	Football
Wayne Blackburn	Iowa Western	Football
Willie Baughman	Iowa Western	Football
Chase Nelson	NDSOS	Football
Colby Kratch	NDSOS	Football
Joseph Kubesh	NDSOS	Football
Tyler Doohen	NDSOS	Football

Fall 2010 2nd Team Academic All-Region

<u>Name</u>	<u>School</u>	<u>Sport</u>
Angel Daub	Indian Hills	Cross Country
Cassandra Peitz	Indian Hills	Cross Country
Crystal Maldonado	Indian Hills	Cross Country
Damian Sheerin	Indian Hills	Cross country
Isidore Ekukanjuh	Indian Hills	Cross Country
Katherine Harper	Indian Hills	Cross Country
Kaylie Tuttule	Indian Hills	Cross Country
Keenan Wyngarden	Indian Hills	Cross Country
Steele Fiscus	Indian Hills	Cross Country
Stephanie Lopez	Indian Hills	Cross Country
Susana Merrick	Indian Hills	Cross Country
David Jones	Iowa Central	Cross Country
Gage Fiscus	Iowa Central	Cross Country
Kemal Jarso	Iowa Central	Cross Country
Lewi Manirumva	Iowa Central	Cross Country
Tara Goodale	Iowa Central	Cross Country
Tomas Cotter	Iowa Central	Cross Country
Casey Dekker	Iowa Lakes	Cross Country
Danielle Slattry	Iowa Lakes	Cross Country
Gunner Johnson	Iowa Lakes	Cross Country
Rob Bauer	Iowa Lakes	Cross Country
Stephanie Carlson	Iowa Lakes	Cross Country
Zane Blanchard	Iowa Lakes	Cross Country
Jake Moore	Iowa Western	Cross Country
Kyle Blue	Iowa Western	Cross Country
Zenah Chepkwony	Iowa Western	Cross Country

Fall 2010 2nd Team Academic All-Region

<u>Name</u>	<u>School</u>	<u>Sport</u>
Samantha Haunsperger	Marshalltown	Cross Country
Anna Bueneke	NIACC	Cross Country
Cody Manchester	NIACC	Cross Country
Ethan Mulford	NIACC	Cross Country
Joesph Tilleskjoer	NIACC	Cross Country
Kayln Kruckenber	NIACC	Cross Country
Kipyegon Bett	NIACC	Cross Country
Michaela Fiser	NIACC	Cross Country
Amy Waddingham	Southwestern	Cross Country
Caleb Allen	Southwestern	Cross Country
Clayton Fritz	Southwestern	Cross Country
Alex Koons	Iowa Central	Soccer
Ali Zeeshan	Iowa Central	Soccer
Drew Ficken	Iowa Central	Soccer
Jessica Glasgow	Iowa Central	Soccer
Jordan Collins	Iowa Central	Soccer
Kirsty Fraser	Iowa Central	Soccer
Max Tefo	Iowa Central	Soccer
Nick Poulter	Iowa Central	Soccer
Rachael Cook	Iowa Central	Soccer
Terecita Gonzalez	Iowa Central	Soccer
Blake Viedenkamp	Iowa Lakes	Soccer
Catrina Briseno	Iowa Lakes	Soccer
Gabriella Segura	Iowa Lakes	Soccer
Grace Gould	Iowa Lakes	Soccer
Kelsey Nielsen	Iowa Lakes	Soccer
Ruud Boijseauneau	Iowa Lakes	Soccer
Alexander Turbyfill	Iowa Western	Soccer
Beau Johnson	Iowa Western	Soccer
Chamea Palmer	Iowa Western	Soccer
Craig Butcher	Iowa Western	Soccer
Emily Gorman	Iowa Western	Soccer
Ignacio Mateos	Iowa Western	Soccer
Jacqueline Olive	Iowa Western	Soccer
Kevin Finlayson	Iowa Western	Soccer
Marco Santa De Carvalho	Iowa Western	Soccer
Shelby Johnson	Iowa Western	Soccer
Charles Ohuruogu	NIACC	Soccer
James Lovell	NIACC	Soccer
Jesse Sanders	NIACC	Soccer
Mark Hiller	NIACC	Soccer
Patrick Kinsella	NIACC	Soccer
Ricardo Ciblis	NIACC	Soccer
Simon Brown	NIACC	Soccer
Tony Smith	NIACC	Soccer
Ali Storjohann	Scott	Soccer
Amanda Masterson	Scott	Soccer
Angie Carter	Scott	Soccer

Fall 2010 2nd Team Academic All-Region con't

<u>Name</u>	<u>School</u>	<u>Sport</u>
Courtney Lopez	Scott	Soccer
Eric Derby	Scott	Soccer
Kelsey Erichsen	Scott	Soccer
Erica Ugarph	Clinton	Volleyball
Mary Jo Twiford	DMACC	Volleyball
Meaghan Daley	DMACC	Volleyball
Mikayla Overturf	DMACC	Volleyball
Sarah Davidson	DMACC	Volleyball
Sarah Kirkengaard	DMACC	Volleyball
Sarah Tjaden	DMACC	Volleyball
Stephanie Boeckman	DMACC	Volleyball
Sydney McCune	DMACC	Volleyball
Wynter Davis	Indian Hills	Volleyball
Amber Onnen	Iowa Central	Volleyball
Ashley Buell	Iowa Central	Volleyball
Erica Thompson	Iowa Central	Volleyball
Taylor Kelly	Iowa Central	Volleyball
Bailey Lupardus	Iowa Western	Volleyball
Mariana Lisboa	Iowa Western	Volleyball
Suzy Ni Xu	Iowa Western	Volleyball
Amelia Johnson	Kirkwood	Volleyball
Ashley Goedken	Kirkwood	Volleyball
Chanda Goedken	Kirkwood	Volleyball
Haley Broadie	Kirkwood	Volleyball
Jordynn Brackery	Kirkwood	Volleyball
Casey McDonough	Marshalltown	Volleyball
Elizabeth Honke	Marshalltown	Volleyball
Jessie Timmins	Marshalltown	Volleyball
Abigail Kingery	NIACC	Volleyball
Natalie Braun	NIACC	Volleyball
Paige Schubert	NIACC	Volleyball
Samantha Nelson	NIACC	Volleyball
Abby Darbyshire	Southeastern	Volleyball
Jessica Lerdal	Southeastern	Volleyball
Kara Eid	Southeastern	Volleyball
Lacie Tarver	Southeastern	Volleyball
Riley Banes	Southeastern	Volleyball
Gabbi Sowers	Southwestern	Volleyball
Jamie Anthony	Southwestern	Volleyball
Josey Ellis	Southwestern	Volleyball
Marissa Barton	Southwestern	Volleyball
Nicole Hunter	Southwestern	Volleyball
Tracy Swanson	Southwestern	Volleyball

Fall 2010 MFC 2nd Team Academic All-Conference

Name	School	Sport
Adam Bengtson	Ellsworth	Football
Brad Frick	Ellsworth	Football
Hunter Elvidge	Ellsworth	Football
Jake Holsteen	Ellsworth	Football
Matt Steffensmeier	Ellsworth	Football
Seth McGowan	Ellsworth	Football
Spencer Emerson	Ellsworth	Football
TJ James	Ellsworth	Football
Tony Berry	Ellsworth	Football
Venson Marchellon	Ellsworth	Football
William Marable	Ellsworth	Football
Abe Phillip	Iowa Central	Football
Axl Bronzynski	Iowa Central	Football
Bryan Huss	Iowa Central	Football
Caleb Coale	Iowa Central	Football
Chris Rogers	Iowa Central	Football
Cody Hudson	Iowa Central	Football
Damon Bryan	Iowa Central	Football
Darrellynn Dunn	Iowa Central	Football
Gary Pratt	Iowa Central	Football
Gavin Smith	Iowa Central	Football
Jacarri Alexander	Iowa Central	Football
James Armstrong	Iowa Central	Football
Jeff Jackson	Iowa Central	Football
Jeremiah Gardner	Iowa Central	Football
Joe Gardner	Iowa Central	Football
Joel Jacobsen	Iowa Central	Football
Jon Meyers	Iowa Central	Football
Josh Steinberg	Iowa Central	Football
Kelvin Gilkey	Iowa Central	Football
Kyle Twait	Iowa Central	Football
Marcus Buls	Iowa Central	Football
Marcus Tague	Iowa Central	Football
Marcus Wagaman	Iowa Central	Football
Nic Hassebroek	Iowa Central	Football
Nick Reuter	Iowa Central	Football
Rick Wilson	Iowa Central	Football
Sean Elliott	Iowa Central	Football
Stanley Lyons	Iowa Central	Football
Wil Rathjen	Iowa Central	Football
Zach Steinhoff	Iowa Central	Football
Abe Kos	Iowa Western	Football
Andrew Brown	Iowa Western	Football
Andrew Reinert	Iowa Western	Football
Anthony Marchant	Iowa Western	Football
Bryce Sunderman	Iowa Western	Football
Dakota Miller	Iowa Western	Football
Dylan Schott	Iowa Western	Football
Greg Iedema	Iowa Western	Football

Fall 2010 MFC 2nd Team Academic All-Conference

Name	School	Sport
Jake Dunbar	Iowa Western	Football
Jake Eblen	Iowa Western	Football
Jalen Barners	Iowa Western	Football
Jared Ebert	Iowa Western	Football
Joey Goff	Iowa Western	Football
Jordan Heiderman	Iowa Western	Football
Keaton Tuttle	Iowa Western	Football
Kyle Schuett	Iowa Western	Football
Luis DeAlba	Iowa Western	Football
Quintin Hall	Iowa Western	Football
Adam Sletten	NDSCS	Football
Coby Bullington	NDSCS	Football
Cody Davies	NDSCS	Football
Keith King	NDSCS	Football
Matthew Williams	NDSCS	Football
Michael Lingo	NDSCS	Football
Paul Dupee	NDSCS	Football
Pedro Neiva	NDSCS	Football
Sean Haderlie	NDSCS	Football
Vinson Holmes	NDSCS	Football
Zachary Hull	NDSCS	Football

Winter 2011 1st Team Academic All-Region

<u>Name</u>	<u>School</u>	<u>Sport</u>
Anton Elsner	Clinton	Basketball
Cole Martin	DMACC	Basketball
Scottie Davis	DMACC	Basketball
Cody Dyhrkopp	Iowa Lakes	Basketball
Veisteinn Sveinsson	Marshalltown	Basketball
Nick Stromer	NIACC	Basketball
Paris Gulley	Southeastern	Basketball
Alec Hall	Southwestern	Basketball
Allan Burchfield	Iowa Central	Indoor Track and Field
Ayesha Rumble	Iowa Central	Indoor Track and Field
Ben Dahlstrom	Iowa Central	Indoor Track and Field
Brandon Griffin	Iowa Central	Indoor Track and Field
Caitie Taylor	Iowa Central	Indoor Track and Field
Calvin Kibby	Iowa Central	Indoor Track and Field
Diana Bol	Iowa Central	Indoor Track and Field
Izehi Ileso	Iowa Central	Indoor Track and Field
Kale Burton	Iowa Central	Indoor Track and Field
Liz Crimmins	Iowa Central	Indoor Track and Field
Melissa Teape	Iowa Central	Indoor Track and Field
Michael Tobin	Iowa Central	Indoor Track and Field
Anthony Drogo	Iowa Western	Indoor Track and Field

Winter 2011 1st Team Academic All-Region

<u>Name</u>	<u>School</u>	<u>Sport</u>
Blake Hunter	Iowa Western	Indoor Track and Field
Dana Miller	Iowa Western	Indoor Track and Field
Dominique Samuel	Iowa Western	Indoor Track and Field
Jeffrey Norris	Iowa Western	Indoor Track and Field
Joanna Drummey	Iowa Western	Indoor Track and Field
Justin Hazard	Iowa Western	Indoor Track and Field
Lacey Wright	Iowa Western	Indoor Track and Field
Molly Lebeda	Iowa Western	Indoor Track and Field
Stephanie Hamilton	Iowa Western	Indoor Track and Field
Troy Jones	Iowa Western	Indoor Track and Field
Montez Blair	Iowa Western	Men's Basketball
Ann Walker	DMACC	Women's Basketball
Ashley Hagedorn	DMACC	Women's Basketball
Carrie Wood	DMACC	Women's Basketball
Katlyn Wood	DMACC	Women's Basketball
Lacy Stevenson	DMACC	Women's Basketball
Samantha Thrapp	DMACC	Women's Basketball
Alison Nagel	Iowa Central	Women's Basketball
Kelsey Kolb	Iowa Central	Women's Basketball
Lauren Chritianson	Iowa Central	Women's Basketball
Morgan Markert	Iowa Central	Women's Basketball
Rebekah Rolling	Iowa Central	Women's Basketball
Chelsea Colton	Iowa Western	Women's Basketball
Linda Rubene	Iowa Western	Women's Basketball
Marla Metzger	Iowa Western	Women's Basketball
Taylor Turgeon	Iowa Western	Women's Basketball
Carley Christiansen	Kirkwood	Women's Basketball
Katie Plantz	Kirkwood	Women's Basketball
Taylor Smith	Kirkwood	Women's Basketball
Whitney Rohrbach	Kirkwood	Women's Basketball
Heather Eash	Marshalltown	Women's Basketball
Indre Mikelenaite	Marshalltown	Women's Basketball
Cherelle Hicks	Southeastern	Women's Basketball
Johnikka Nash	Southeastern	Women's Basketball
Kaisie Kurtz	Southeastern	Women's Basketball
Lidiane Garcia	Southeastern	Women's Basketball
Amber Thomas	Southwestern	Women's Basketball
David Grant	Iowa Lakes	Wrestling
Antwana Drayton	Ellsworth	Women's Basketball
Holley Heiden	Ellsworth	Women's Basketball
Kelly Jo Jannings	Ellsworth	Women's Basketball
Adoniah Lewis	Ellsworth	Women's Basketball
Ashleigh Neal	Ellsworth	Women's Basketball

Winter 2011 2nd Team Academic All-Region

<u>Name</u>	<u>School</u>	<u>Sport</u>
Allen Ketelsen	Clinton	Basketball
Brady Oldag	Clinton	Basketball
Erica Ugarph	Clinton	Basketball
Jamal Beavers	Clinton	Basketball
Rico Phillips	Clinton	Basketball
Kurtis Phillips	DMACC	Basketball
Andrew Dubek	Iowa Central	Basketball
Jacob Petersen	Iowa Central	Basketball
Mateju Culjak	Iowa Central	Basketball
Tyler Poldervaart	Iowa Central	Basketball
Jackie Allgood	Iowa Western	Basketball
Sumayyah Muhammad	Iowa Western	Basketball
Tyisha Smith	Iowa Western	Basketball
Micheal Appel	Marshalltown	Basketball
Dustin Dolash	NIACC	Basketball
Rinaldo Mafra	Southeastern	Basketball
Luke Sealer	Southwestern	Basketball
Dennis Vyletel	Iowa Central	Indoor Track and Field
Ethan Wilkins	Iowa Central	Indoor Track and Field
Joash Osoro	Iowa Central	Indoor Track and Field
Kemal Jarson	Iowa Central	Indoor Track and Field
Lewi Manirumva	Iowa Central	Indoor Track and Field
Melissa Abrahamson	Iowa Central	Indoor Track and Field
Michael Hancock	Iowa Central	Indoor Track and Field
Reyare Thomas	Iowa Central	Indoor Track and Field
Shawanna Steplight	Iowa Central	Indoor Track and Field
Tomas Cotter	Iowa Central	Indoor Track and Field
Troy Walls	Iowa Central	Indoor Track and Field
Antowyn Pearson	Iowa Western	Indoor Track and Field
Cherby Leguerre	Iowa Western	Indoor Track and Field
Dwayne Kennedy	Iowa Western	Indoor Track and Field
Jacob Moore	Iowa Western	Indoor Track and Field
Jamel Wood	Iowa Western	Indoor Track and Field
Kylee Eggers	Iowa Western	Indoor Track and Field
Nicolia Edwards	Iowa Western	Indoor Track and Field
Phillip Morris	Iowa Western	Indoor Track and Field
Samantha MacDonald	Iowa Western	Indoor Track and Field
Shennaee Steele	Iowa Western	Indoor Track and Field
Zenah Chepkwony	Iowa Western	Indoor Track and Field
Carli Bunning	DMACC	Women's Basketball
Heidi Manken	DMACC	Women's Basketball
Kelsey Coots	DMACC	Women's Basketball
Ashley Kruse	Iowa Central	Women's Basketball
Makenzie Reed	Iowa Central	Women's Basketball
Mika Rodewald	Iowa Central	Women's Basketball
Adekola Olajunju	Iowa Lakes	Women's Basketball
Anthony Irby Jr	Iowa Lakes	Women's Basketball
Emma-Kate Gibson	Iowa Lakes	Women's Basketball

Winter 2011 2nd Team Academic All-Region con't

<u>Name</u>	<u>School</u>	<u>Sport</u>
Miley Huziker	Iowa Lakes	Women's Basketball
Carolyn Holm	Kirkwood	Women's Basketball
Rachael Remick	Kirkwood	Women's Basketball
Shantel Lehmann	Kirkwood	Women's Basketball
Kadera Jackson	Marshalltown	Women's Basketball
Stephanie Cruz	Marshalltown	Women's Basketball
Jennifer Nelsen	NIACC	Women's Basketball
Breana McCullough	Southeastern	Women's Basketball
Breannah Manley	Southeastern	Women's Basketball
Cara Clark	Southwestern	Women's Basketball
Morgan Evans	Southwestern	Women's Basketball
Britta Martin	Ellsworth	Women's Basketball
Brooke Quigley	Ellsworth	Women's Basketball

Spring 2011 1st Team Academic All-Region

<u>Name</u>	<u>School</u>	<u>Sport</u>
Cayla Collins	Marshalltown	Softball
Taylor Daubenberger	Marshalltown	Softball
Ellie Ladd	Marshalltown	Softball
Jessica McGuire	Marshalltown	Softball
Rachel Robinson	Marshalltown	Softball
Macy Milburn	Iowa Lakes	Women's Golf
Meaghan Schmidt	Iowa Lakes	Women's Golf
Scott Kremer	Iowa Lakes	Men's Golf
Adam Oster	Iowa Lakes	Men's Golf
Aron Taylor	Southeastern	Softball
Joseline Torrealba	Southeastern	Softball
Edward Arumbula	Southeastern	Baseball
Jonathan Dechelle	Southeastern	Baseball
Gus Fernandez	Southeastern	Baseball
Nelson Marchan	Southeastern	Baseball
Miguel Ramos	Southeastern	Baseball
Denio Rondon	Southeastern	Baseball
Lucas Staub	Southeastern	Baseball
Wilfredo Torres	Southeastern	Baseball
Jake White	Southeastern	Baseball
Ryan Waack	Kirkwood	Baseball
Josy Tejada	Kirkwood	Baseball
Nick Bakeris	Kirkwood	Baseball
J.D. Hunter	Kirkwood	Baseball
Dusty Guihan	Southwestern	Baseball
Marcus Douglas	Southwestern	Baseball
Andy Kollbaum	Southwestern	Baseball
Sam McKinney	Southwestern	Baseball
Jake Daniels	Southwestern	Baseball
Caleb Kirkman	Southwestern	Baseball
Katie Larson	Iowa Lakes	Softball
Bradi Wall	Iowa Western	Softball

Spring 2011 1st Team Academic All-Region con't

<u>Name</u>	<u>School</u>	<u>Sport</u>
Logann Peterson	Iowa Western	Softball
Shelby Hermsen	Iowa Western	Softball
Samantha Winter	Iowa Western	Softball
Jami Redel	Iowa Western	Softball
Greta Smeins	Iowa Western	Softball
Cailin Simpson	Iowa Western	Softball
Kylee Simpson	Iowa Western	Softball
Korrie Watt	Iowa Western	Softball
Breana Canova	Iowa Western	Softball
Jordan Huffman	NIACC	Baseball
Zachary Soukup	NIACC	Baseball
Cody Loertscher	NIACC	Baseball
Jose Tejara	NIACC	Baseball
Ethan Nelson	DMACC	Men's Golf
Anna Rinehart	DMACC	Women's Golf
Staci Hillygus	DMACC	Women's Golf
Morgan Allee	Iowa Central	Softball
Kaitlyn Barrett	Iowa Central	Softball
Molly Cox	Iowa Central	Softball
Kassie Jensen	Iowa Central	Softball
Brittany Madsen	Iowa Central	Softball
Bekah Rolling	Iowa Central	Softball
Lexy Rozmus	Iowa Central	Softball
Keith Fandel	Iowa Lakes	Baseball
Kyle Smith	Iowa Lakes	Baseball
Kyle Behnke	Iowa Central	Baseball
Brett Derrig	Iowa Central	Baseball
Joey Flattery	Iowa Central	Baseball
Jon Flattery	Iowa Central	Baseball
Derek Hovick	Iowa Central	Baseball
Jimmy Kiefer	Iowa Central	Baseball
Trevor Peters	Iowa Central	Baseball
Deric Poldberg	Iowa Central	Baseball
Andy Yetzer	Iowa Central	Baseball
Andrew Redman	Iowa Central	Baseball
Jordan Rubbelke	Iowa Central	Baseball
Jace Poole	Iowa Central	Baseball
Jeremy Lambert	Iowa Central	Baseball
Scott Splett	Iowa Central	Baseball
Travis Kleist	Iowa Central	Baseball
Ryan Reese	Iowa Central	Baseball
Drew Ghelfi	Iowa Central	Baseball
Nick Mahle	Iowa Central	Baseball
Jordan Hohensee	Iowa Central	Baseball
David Borchardt	Iowa Central	Baseball
Taylor Evenson	NIACC	Women's Golf
Morgan Evans	Southwestern	Softball
Ian Hamilton	Marshalltown	Baseball
Jag Gordaya	Marshalltown	Baseball

Spring 2011 1st Team Academic All-Region con't

<u>Name</u>	<u>School</u>	<u>Sport</u>
Sammy Nelson	NIACC	Women's Outdoor Track and Field
Kalyn Kruckenber	NIACC	Women's Outdoor Track and Field
Hedi Hain	NIACC	Women's Outdoor Track and Field
Jimmy Risi	Muscatine	Baseball
Sean Moore	DMACC	Baseball
Harley Thompson	DMACC	Baseball
Brandon Peterson	DMACC	Baseball
Allen McElderry	DMACC	Baseball
Alec Crawford	DMACC	Baseball
Nathan Frakes	Iowa Western	Men's Outdoor Track and Field
Dominique Samuel	Iowa Western	Men's Outdoor Track and Field
Kyle Wilson	Iowa Western	Men's Outdoor Track and Field
Blake Hunter	Iowa Western	Men's Outdoor Track and Field
Justin Hazard	Iowa Western	Men's Outdoor Track and Field
Dana Miller	Iowa Western	Women's Outdoor Track and Field
Joanna Drummey	Iowa Western	Women's Outdoor Track and Field
Stephanie Hamilton	Iowa Western	Women's Outdoor Track and Field
Shennaee Steele	Iowa Western	Women's Outdoor Track and Field
Lacey Wright	Iowa Western	Women's Outdoor Track and Field
Montez Blair	Iowa Western	Men's Outdoor Track and Field
Dylan Badura	Indian Hills	Baseball
Kelvin Brito	Indian Hills	Baseball
Julio Camacho	Indian Hills	Baseball
Kevin Day	Indian Hills	Baseball
Jacob Gansert	Indian Hills	Baseball
Ian Schiltz	Indian Hills	Baseball
Gabriel Rivera	Indian Hills	Baseball
Mitchell Osnowitz	Indian Hills	Baseball
Rylan Harding	Indian Hills	Baseball
Coleton Wilson	Indian Hills	Baseball
Colin Bates	Indian Hills	Baseball
Juan Caballero	Indian Hills	Baseball
Matt Cook	Indian Hills	Baseball
Shaun Dean	Indian Hills	Baseball
Jay Schmidt	Indian Hills	Baseball
Edwin Rodriguez	Indian Hills	Baseball
Adam Peters	Indian Hills	Baseball
Kyle Maldonado	Indian Hills	Baseball
Ross Van Allen	Indian Hills	Baseball
Sean Kennedy	Indian Hills	Men's Golf
Monty Lack	Indian Hills	Men's Golf
Cameron Munro	Indian Hills	Men's Golf
Taylor Onley	Indian Hills	Men's Golf
Zachary Steffen	Indian Hills	Men's Golf
Kylee Coughlin	Indian Hills	Softball
Jordan Grell	Indian Hills	Softball
Ali Martin	Indian Hills	Softball
Morgan Powers	Indian Hills	Softball
Nicole Steinle	Indian Hills	Softball

Spring 2011 1st Team Academic All-Region con't

<u>Name</u>	<u>School</u>	<u>Sport</u>
Cortney Wood	Indian Hills	Softball
Hanse, Andrew	Ellsworth	Baseball
Hunter, Teegan	Ellsworth	Softball
Kraemer, Paul	Ellsworth	Baseball
McCreary, Tyler	Ellsworth	Baseball
Riewer, Patrick	Ellsworth	Baseball
Ryba, Trevor	Ellsworth	Baseball
Smith, Chris	Ellsworth	Baseball
Sprague, Spenser	Ellsworth	Men's Golf
Stewart, Grant	Ellsworth	Baseball
Young, Greg	Ellsworth	Baseball

Spring 2011 2nd Team Academic All-Region

<u>Name</u>	<u>School</u>	<u>Sport</u>
Kayla Blocker	Marshalltown	Softball
Megan Gott	Marshalltown	Softball
Shelby Schomaker	Marshalltown	Softball
Ashley Miller	Iowa Lakes	Women's Golf
Nathan Spoo	Iowa Lakes	Men's Golf
Ryan Stevens	Iowa Lakes	Men's Golf
Shane Stoneburner	Iowa Lakes	Men's Golf
Kali Basham	Southeastern	Softball
Logan Chiri	Southeastern	Softball
Maria Gomez	Southeastern	Softball
Liberty Helt	Southeastern	Softball
Alyssa Maag	Southeastern	Softball
Dakota Bacus	Southeastern	Baseball
Sam Boisner	Southeastern	Baseball
Engel Diaz	Southeastern	Baseball
Joey Harris	Southeastern	Baseball
Matt Moore	Southeastern	Baseball
Sam Welvaert	Southeastern	Baseball
Ian Czarneski	Kirkwood	Baseball
Alex Timmerman	Kirkwood	Baseball
Phil Richmond	Kirkwood	Baseball
Nate Schmitt	Kirkwood	Baseball
Jeff Smith	Kirkwood	Baseball
Ben Weeks	Kirkwood	Baseball
Login Hollingsworth	Kirkwood	Baseball
Andrew Kraus	Kirkwood	Baseball
James Powers	Kirkwood	Baseball
Kyle Shepherd	Southwestern	Baseball
Nate Clark	Southwestern	Baseball
Tanner Oliver	Southwestern	Baseball
Quin Gooch	Southwestern	Baseball
Kenny Namanny	Southwestern	Baseball
Montana Kiler	Southwestern	Baseball
Craig Chentfant	Southwestern	Baseball

Spring 2011 2nd Team Academic All-Region con't

<u>Name</u>	<u>School</u>	<u>Sport</u>
Kelsey Ennenga	Iowa Lakes	Softball
Michelle Thille	Iowa Lakes	Softball
Hayley Condon	Iowa Lakes	Softball
Kylee Polsley	Iowa Western	Softball
Daleigh Fossler	Iowa Western	Softball
Casey Anderlik	NIACC	Baseball
Michael Bohl	NIACC	Baseball
Lee Gealow	NIACC	Baseball
Jon Lewerke	NIACC	Baseball
Rafael Lopez	NIACC	Baseball
Taylor Nawrocki	NIACC	Baseball
Nate Olin	NIACC	Baseball
Tyler Peterson	NIACC	Baseball
Keaton Rowe	NIACC	Baseball
Austin Gregersen	DMACC	Men's Golf
Brad Hoskins	DMACC	Men's Golf
Kenidy Eckerman	DMACC	Women's Golf
Anna Hoss	DMACC	Women's Golf
Shelby Feldt	Iowa Central	Softball
Corinne Frei	Iowa Central	Softball
McKristie Jeske	Iowa Central	Softball
Megan Risetter	Iowa Central	Softball
Chelsey Swenson	Iowa Central	Softball
Bri Zerley	Iowa Central	Softball
Luis Cruz	Iowa Lakes	Baseball
Gunner Johnson	Iowa Lakes	Baseball
Bryan Lopez	Iowa Lakes	Baseball
Jaryd Marks	Iowa Lakes	Baseball
Jordan Merritt	Iowa Lakes	Baseball
Dillon Sass	Iowa Lakes	Baseball
Jose Stelluti	Iowa Lakes	Baseball
Luis Toucet	Iowa Lakes	Baseball
Tim Kayser	Iowa Central	Baseball
Andy Gensch	Iowa Central	Baseball
Logan Willard	Iowa Central	Baseball
Allen Rimer	Iowa Central	Baseball
Brady Collinson	Iowa Central	Baseball
Robin Heilskov	Iowa Central	Baseball
Winter Fuentes	Iowa Central	Baseball
Casey Herrick	Iowa Central	Baseball
Jordan Hayes	Iowa Central	Baseball
Adam Funke	Iowa Central	Baseball
Dalton Cowen	Iowa Central	Baseball
Jacob Lehnhoff	Iowa Central	Baseball
Matt Krey	Iowa Central	Baseball
Shelby Keller	Southwestern	Softball
Erin Budach	Southwestern	Softball
Mike Bernstine	Marshalltown	Baseball
Jordan McCoy	Marshalltown	Baseball

Spring 2011 2nd Team Academic All-Region con't

<u>Name</u>	<u>School</u>	<u>Sport</u>
Damil Reyes	Marshalltown	Baseball
Kyle Hedges	Marshalltown	Baseball
Blake Brommel	Marshalltown	Baseball
Tanner McLaughlin	Marshalltown	Baseball
Anna Buenneke	NIACC	Women's Outdoor Track and Field
Tanesha Edmond	NIACC	Women's Outdoor Track and Field
Michaela Fiser	NIACC	Women's Outdoor Track and Field
Gaila Jones	NIACC	Women's Outdoor Track and Field
Samoane Waddy	NIACC	Women's Outdoor Track and Field
Blake Campbell	NIACC	Men's Outdoor Track and Field
Sean Borman	DMACC	Baseball
Joshua DeBoer	DMACC	Baseball
John Loeffler	DMACC	Baseball
Dylan Thomas	DMACC	Baseball
Andrew Weiss	DMACC	Baseball
Kent Knobbe	DMACC	Baseball
Jason Eddy	DMACC	Baseball
Colin Keefe	DMACC	Baseball
Dylan Crafton	Iowa Western	Men's Outdoor Track and Field
Kashef Daniel	Iowa Western	Men's Outdoor Track and Field
Ira Howard	Iowa Western	Men's Outdoor Track and Field
Clint Kirksey	Iowa Western	Men's Outdoor Track and Field
Jamie Meek	Iowa Western	Men's Outdoor Track and Field
Zenah Chepkwony	Iowa Western	Women's Outdoor Track and Field
Nicolia Edwards	Iowa Western	Women's Outdoor Track and Field
Kylee Eggers	Iowa Western	Women's Outdoor Track and Field
Alex Wood	Iowa Western	Men's Outdoor Track and Field
Anthony Drogo	Iowa Western	Men's Outdoor Track and Field
Molly Lebeda	Iowa Western	Women's Outdoor Track and Field
Dakota Boyer	Indian Hills	Baseball
Kevin Vazquez	Indian Hills	Baseball
Licio Tamberlini	Indian Hills	Baseball
Cashtyn Deleeuw	Indian Hills	Baseball
Ken Henrich	Indian Hills	Baseball
Caleb Phillips	Indian Hills	Baseball
Miguel Sanchez	Indian Hills	Baseball
David Kroger	Indian Hills	Baseball
Jordan Piche	Indian Hills	Baseball
Tyler Sparger	Indian Hills	Baseball
Matt Solis	Indian Hills	Men's Golf
Steven Ihm	Indian Hills	Men's Golf
Daniel Dawson	Indian Hills	Men's Golf
Jon Paul Blampied	Indian Hills	Men's Golf
Tory Beaver	Indian Hills	Softball
Lindsey Evans	Indian Hills	Softball
Kylee Homewood	Indian Hills	Softball
Kristen Paulson	Indian Hills	Softball
Hannah Washburn	Indian Hills	Softball
Sarah Wilcox	Indian Hills	Softball

Spring 2011 2nd Team Academic All-Region con't

<u>Name</u>	<u>School</u>	<u>Sport</u>
Jenna Wolfe	Indian Hills	Softball
Ayala, Gabriel	Ellsworth	Baseball
Coffman, Andrew	Ellsworth	Baseball
Driessen, Andrew	Ellsworth	Baseball
Martinez, Darryl	Ellsworth	Baseball
Meany, Michael	Ellsworth	Baseball
Ostheimer, Natalie	Ellsworth	Softball
Pals, Seth	Ellsworth	Baseball
Quinones, Alejandro	Ellsworth	Baseball
Rasmussen, Jenny	Ellsworth	Softball
Schimp, Kevin	Ellsworth	Men's Golf
Swenson, Tyler	Ellsworth	Men's Golf
Varrelman, Jodi	Ellsworth	Women's Golf
Williams, Corban	Ellsworth	Baseball