



IOWA COMMUNITY COLLEGE ATHLETIC CONFERENCE

Constitution and By-Laws

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CONSTITUTION OF THE IOWA COMMUNITY COLLEGE

ATHLETIC CONFERENCE

Article I. Name and Membership

Section 1. Name of Organization

The name of this organization shall be the Iowa Community College Athletic Conference.

Section 2. Membership

The membership of this organization shall consist of Iowa community colleges that participate in intercollegiate athletics, which have been accepted as members, and which have paid the dues required for membership. Institutional applications for membership shall be made in writing to the secretary of the conference by each institution desiring to become a participating institution. All Iowa Community College Athletic Conference members must abide by the Constitution and By-Laws and be a member in good-standing. Members found to be in non-compliance with the Constitution and By-Laws and/or not in good-standing shall be subject to penalty, including but not limited to expulsion from the Iowa Community College Athletic Conference.

No member of the ICCAC shall belong to another conference or Region for any sport.

Section 1. Administrative Body

The policy decision-making body shall be called the Iowa Community College Conference Council and shall be comprised of the presidents of the Iowa community colleges that participate in the athletic programs and are member of the conference. This group shall be responsible for the overall policy of the athletic conference, tournaments, scheduling, etc. A majority of members constitutes a quorum. Individual changes shall choose their particular level of participation (Division I, Division II, and Division III).

Section 2. Committees and Individuals

Committees and individuals, whose duties and membership are outlined in the By-Laws, are: (1) executive committee; (2) appeals committee; (3) athletic directors committee, (4) sports committee; (5) the conference commissioner

Section 3. Officers

The officers of this conference, whose duties shall be those usually preformed by such officers, shall be: (1) a president; (2) a past – president; (3) a president – elect; and, (4) a secretary – treasurer. The offices of president, past president, and president-elect of this conference may be held only by the president of a member institution. Elected at the annual meeting 14 days after the Spring Athletic Director’s meeting, the officers shall serve a two – year term that shall begin on July 1.

Section 4. Meetings

The annual meeting of the ICCAC Council shall be held 14 days after the Athletic Director’s meeting each year. Special meetings shall be called by the president when the occasion demands, or by the secretary when a special written request, signed by two thirds (2/3) of the membership, is made to him/her. The secretary will notify the membership forty-five

(45) days prior to all meetings of the ICCC Council, requesting agenda items and making official notification of the date of the meeting. The secretary, in writing, must receive agenda items thirty (30) days before scheduled meeting. The secretary, in writing, must receive proposed amendments to the Constitution and/or By-Laws thirty (30) days before the annual meeting in March. The secretary will compile items for scheduled meetings and forward items to the membership fourteen (14) days prior to the meeting date.

Only the president of Iowa Community College member institutions (or acting president or interim president) as designed by the governing board of a member institution may cast a vote for that institution.

Robert's Rules of Order, latest edition, shall be used to conduct all meetings.

Article III. Amending the Constitution

Process: This Constitution may be amended under the following process:

- a. The Constitution may be amended anytime throughout the calendar year by the ICCC.
- b. Proposed amendments must be distributed by the secretary to all member institutions according to Article II, Section 4, paragraph 2, of the Constitution.
- c. Any abstention on a vote regarding a sport by an institution not participating in the sport will not be counted toward the two-thirds (2/3) majority of those attending the meeting.
- d. A two-thirds (2/3) majority of a quorum is required to amend the Constitution.

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**BY-LAWS OF THE IOWA COMMUNITY COLLEGE
ATHLETIC CONFERENCE**

Article I. Membership and Dues

Section 1. Membership

The membership of this organization shall consist of Iowa community colleges that participate in intercollegiate athletics, which have been accepted as members, and which have paid the dues required for membership. Institutional applications for membership shall be made in writing to the secretary of the conference by each institution desiring to become a participating institution.

Section 2. Dues

The annual membership dues for each conference college shall be determined by the ICCAC Council, upon the recommendation of the executive committee at the annual meeting. In the event that a participating institution shall have failed to pay such dues by the date on which dues become delinquent, any delegate from said institution shall be removed or shall be ineligible to vote. Dues shall be payable by October 15 in each year and delinquent if not paid by December 1 of each year.

Article II. Regular and Special Meetings

Section 1. Iowa Community College Athletic Council

Regular and special meetings of the ICCAC Council shall be conducted in accordance with Article II, Section 3 of the ICCAC Constitution and Article III of the ICCAC By-Laws.

Section 2. Committees

Regular and special meetings of the committees of this conference shall be called as determined necessary by the conference president or as scheduled by the committee members.

Section 3. Athletic President's Meeting

The annual athletics president's meeting is to be held at least 14 days after the Spring Athletic Director's Meeting

Article III. Administrative Bodies and Individuals

Section 1. Administrative Body (See Article II, Sections 1,2, and 3 of the ICCAC Constitution.)

Section 2. Executive Committee

The executive committee is composed of the conference president, the immediate past conference president, the conference president-elect, and the conference secretary-treasurer.

The duties of the executive committee include:

- a. Transacting conference business when the ICCAC Council is not in session.
- b. Monitoring the performance of the conference commissioner and the operation of conference activities.
- c. Hearing appeals from decisions of the appeals committee. Procedures governing appeals shall be the same as those provided in ICCAC By-Laws, Article V.

Section 3. Appeals Committee

The appeals committee shall be composed of the men and women's regional directors as selected by the ICCAC Council, two athletic directors selected at large, and the president of the conference who shall serve as the chairman. Members shall be elected for two-year

terms at the annual meeting.

In the event of a vacancy, the executive committee shall appoint a representative from an ICCAC member college to complete the balance of the unexpired term. The appeals committee shall only hear appeals from the rulings of the commissioner. It has no authority to render a decision on any issue unless it has first been presented in writing to the commissioner for a decision and he/she had the opportunity to make a ruling.

Section 4. Athletic Directors Committee

The athletic directors committee shall be composed of the athletic directors of each member institution as defined in Article I, Section 1 of the By-Laws.

- a. The membership of the athletic directors committee shall consist of a number equal to the number of participating institutions. The men's Region XI director and the women's Region XI director will serve as ex-officio (non-voting) members of the athletic directors committee unless they shall also be appointed to the membership by the participating institution. All representatives to the athletic directors committee shall serve at the will of their member institutions.
- b. There shall be a standing committee for each sport, consisting of coaches or sponsors from participating member institutions. These committees will develop recommendations to the athletic directors committee. These committees will be known as sports committees.
- c. If any vacancy shall occur in a position on the athletic directors committee or a sports committee, the member institutions shall appoint a person to fill that vacancy.
- d. The athletic directors committee and each sports committee shall have a quorum when the majority of the member institutions are presented and each member institution will have one vote. Voting by proxy shall not be permitted.
- e. Duties of the Athletic Directors Committee:
 1. Recommend the awarding of official conference championships to the ICCAC Council for approval.
 2. Develop bid sheets and approve plans for the conduct of conference tournaments, all-star games, pre-season play, etc.
 3. Determine formulas for distribution of funds and sharing of costs and make recommendation to the ICCAC Council for inclusion in the By-Laws.
 4. Serve, as a coordinating council for sports in which there is competition at the state level but which have not been recognized as official conference sports.
 5. Recommend to the regional directors of the NJCAA changes in rules and procedures to be considered at the national level.
 6. Develop schedules for all conference events one year in advance.
- f. Duties of the Sports Committees:
 1. Recommend policies and procedures for all regular season activities, tournaments, pre-season and post-season activities and submit to the athletic directors committee plans for financing tournaments, play-offs, all-star games, pre-season games, and post-season games, state-wide meetings, etc.
 2. Recommend and promote policies beneficial to athletics at the Iowa community college level.

Section 5. Conference Commissioner

The Administrative Body of the ICCAC shall employ a commissioner who shall function according to the following position requirements:

- a. As the executive officer of the conference, the major function of the commissioner is to maintain a high quality intercollegiate athletic program through prudent interpretation and enforcement of the Constitution and By-Laws.
- b. Provide enthusiastic leadership and promote the conference through the media.
- c. Serve as the professional consultant for the ICCAC Council and the executive

committee.

- d. Recommend changes in the Constitution and By-Laws that will enhance the conference activities and make other recommendations that will expedite conference business.
- e. Accept delegated authority to direct all conference functions according to the Constitution and By-Laws.

His/ her principle responsibilities are to:

- a. Interpret and rule on all questions regarding the Constitution and By-Laws and their enforcement. Be accessible, by telephone and/ or mail and respond to any written request for an interpretation made by a conference athletic director or president. This response will be in writing within one week.
- b. Copies of all such written interpretation shall be mailed to the president and/ or athletic directors of all conference colleges.
- c. Conduct such investigations as deemed appropriate, and assess penalties against member colleges, coaches, athletes and others for violations of the conference Code of Ethics, the ICCAC Constitutions, and By-Laws. He/ she shall consult the NJCAA officials when appropriate. Enforcement actions shall be communicated in writing to all Iowa Community College Conference member institutions.
- d. Attend all meetings of the athletic directors committee, regular and special meetings of the ICCAC Council, all meetings of the executive committee, and of the conference coaches. Organize and direct conference-scheduling meetings after which he/ she shall forward all conference schedules to the media.
- e. Require all approved conference officials to attend conference officiating clinics, which he/ she plans and directs, for the sport(s) in which they officiate.
- f. Establish an appropriate selection process for all-conference teams.
- g. Keep records of conference championships, all-conference teams and holder of records in recognized conference athletic activities.
- h. Visit the conference campuses of member colleges as often as practical and possible to view contact the president of visited colleges upon arrival or before the visit.
- i. Prepare a casebook based upon his/her interpretations of various cases related to the Conference Constitution and By-Laws.
- j. Serve as recorder for all official conference meetings (working with the secretary-treasurer for the annual meeting) and promptly distribute written copies of all action promptly to each conference member.

Article IV. Amending the By-Laws

These By-Laws may be amended under the following process:

- a. The By-Laws may be amended anytime through out the year.
- b. Proposed amendments must be distributed by the conference secretary to all member institutions at least fourteen (14) days in advance of the annual meeting of the Iowa Community College Conference.
- c. Any amendment must be approved by a two-thirds (2/3) majority vote of the entire ICCAC Council at the annual meeting.
- d. Only the president (acting president, interim president) of a member institution, as designated by the Board of Trustees of the member institution, may cast a vote for the institution. If the president (acting president, interim president) cannot attend the meeting, he/she may designate an institutional representative to vote for the institution.

The document/ letter designating the institution's representative to vote for the institution must be received by the secretary no later than the beginning of the meeting. The institutional representative thus designated may not be an individual employed in the athletic department. It is recommended that the instruction administrator be appointed.

- e. The member institution's president or assigned representative may only amend the

Constitution and By-Laws in regards to the specific level of play (Division I and Division II) and the specific sport.

Article V. Appealing the Commissioner's Rulings

Section 1. Process

Any aggrieved institution or individual wishing to appeal rulings of the commissioner must utilize the following procedures exclusively:

- a. Within ten (10) days, a written notice of appeal by a member institution or its employee must be signed by the institution's president and forwarded by certified mail to the conference president.
- b. The conference president shall notify by certified mail, all parties involved in the ruling concerning the date, place and time of the appeals committee hearing.
The conference president shall then conduct the meeting of the appeals committee for the purpose of hearing the appeal within fifteen (15) days of the receipt of the notice of appeal from the aggrieved institution.
- c. The conference president shall chair the appeals committee meeting.
- d. All parties shall, at their own expense, have the right to be represented by legal counsel and to bring their stenographer, at their own expense.
- e. All parties shall have the right to challenge or cross-examine evidence or witnesses. Witnesses, other than the parties involve, shall be excluded from the hearing room other than to testify.
- f. The decision of the appeals committee shall be communicated, in writing, to all parties by certified mail within forty- eight (48) hours of the conclusion of the hearing. This communication shall include notification of the right of any aggrieved party to appeal to the executive committee within five (5) days of the receipt of the decision.
- g. The appealing member college shall pay expenses of all costs incurred for unsuccessful appeals.
- h. Members of the appeals committee whose institutions are involved in the appeals of this committee shall be disqualified and the conference president shall appoint temporary replacement members.
- i. The executive committee shall hear appeals from decisions of the appeals committee. Procedures governing appeals shall be the same as those followed when appealing the decision of the commissioner.
- j. The ICCAC Council will hear appeals from the executive committee. Procedures governing appeals shall be the same as those followed when appealing the decision of the executive committee.

Section 2. Finality

The decision of the ICCAC Council is final.

Article VI. Eligibility Rules

Section 1. The same as the NJCAA rules with the following exceptions:

- a. Category of Residence. The category of residence for purposes of athletic participation is determined according to the following classifications:
 1. Category A – A student who graduates or last participated in their prospective sport in the geographic area which includes the state of Iowa and area outside of the state of Iowa within 50 miles outside the Iowa border. The 50 mile bubble rule will be determined by using Google Earth, measuring from the city limits to the Iowa State border. 50.0 miles is considered Category A and 50.1 miles is considered Category B. (Exception Football. See Division 1 Football)
 2. Category B – A student who graduates or last participated in their prospective sport in the geographic area not included in Category A. (Exception Football. See Division 1 Football)
 3. The category for the athlete who has received a high school equivalency diploma

or has been certified as having passed a national test such as the GED, would be determined by the last high school attended or last participation in their prospective sport.

Article VII. Grants-In-Aid, Recruitment, Booster Clubs and Enforcement

Section 1. Grants-In-Aid

Same as NJCAA rules.

Section 2. Recruitment

Same as NJCAA rules except for the following addition: A copy of the national letter-of-intent and scholarship agreement form must be sent to the conference commissioner at the same time a copy is sent to the NJCAA. The commissioner will periodically send a list of signees to the conference athletic directors.

Section 3. Booster Clubs

Same as NJCAA except for the following addition: Athletic booster clubs must operate under the control and supervision of the institution, including the review and approval of the constitution and by-laws and periodic financial review by the institution.

Section 4. Enforcement

- a. A student athlete who accepts from a member institution or its representatives money and/or gifts knowingly accepts the grants-in-aid in excess of what is allowed by the conference shall forfeit one (1) academic year of eligibility at that institution.
- b. It is the responsibility of the conference member coaches and athletic staff to be aware of conference rules relating to grants-in-aid and other limitations or payments, gifts, or gratuities given to potential and current conference student athletes and their high school coaches/counselors regarding such restrictions.
- c. Whenever there is an allegation or confirmed college, no other conference college(s) may recruit the athlete(s) involved without written authorization from the conference commissioner, no evidence is found to substantiate the charges the commissioner will notify the other member colleges that the athlete(s) may be recruited.

Article VIII. Policies and Procedures for Conducting Athletic Activities

Section 1. NJCAA and ICCAC rules shall govern all contests.

Section 2. Officiating assignments shall not be contested for a season after the commissioner has made such assignments. The commissioner shall have the final authority to disapprove officials.

Section 3. Each hosting college shall provide adequate dressing room facilities for game officials. Coaches or their representative shall not enter the officials' dressing room before, during, or following an athletic contest.

Section 4. If an athlete or coach is involved in an unsportsmanlike incident and/or is ejected from any contest for any flagrant act, after investigation by the commissioner, he/she is subject to game suspensions. This suspension would be carried over from one season to the next for freshman. If an athlete is ejected two times during any season in a particular sport, he/she will not be allowed to participate during the remainder of that season in that sport unless reinstated by the commissioner.

Section 5. The ICCAC Council at the annual meeting shall establish compensation and expenses for officials. The Commissioner will make such a recommendation to the ICCAC Council.

Section 6. Any coach involved with game official(s) after a contest in any unsportsmanlike manner is subject to suspension and/or probation.

Section 7. Any coach who discusses with members of the news media, an official's action or the manner in which a game is officiated, will be subject to suspension and/or probation.

Section 8. Any conference college failing to report their sports statistics by the required time are subject to fine and/or probation without further warning.

- a. Following are the weekly days and times team statistics must be submitted by:
 1. **Football, Volleyball, Men's and Women's Soccer, Division I & II Men's and Women's Basketball:** Each Monday by 1:00 p.m. following the first game of the season.
 2. **Division I Baseball:** Each Wednesday by 12:00 p.m. (noon) starting March 24, 2010.
 3. **Division II Baseball:** Each Tuesday by 1:00 p.m. starting March 23, 2010
 4. **Division I Softball:** Each Monday by 5:00 p.m. starting March 1, 2010 or after the school's first game of play.
 5. **Division II Softball:** Each Monday by 5:00 p.m. starting March 29, 2010.
 6. **Special Note:** For **Cross Country, Track & Field, Golf, and Wrestling** – Match, tournament, duals, and other meet results should be faxed or emailed to the Commissioner's office the day following the event, to be posted to the website and released to the media.
- b. Fine amounts for late submission of statistics after the designated day and time:
 1. First violation = \$50.00
 2. Every additional violation = \$50.00 additional (i.e. – 2nd time = \$100.00, 3rd time = \$150.00; increase of \$50 increments).

Article IX. Purposes and Principles

Section 1. The ICCAC subscribes to the basic principles expressed in the introductory statement of the Dallas Code that formulates guiding principles for conduction junior college athletics.

“The widespread interest in athletics in America is evidence of the wholesome influences which this phase of the educational program can bring to our communities. As much as any other activity in education, athletics emphasizes personal qualities which have come to be regarded as part and parcel of the democratic way of life; a high degree of initiative, moral and physical courage, and a respect for the principles of good physical and mental health.

Athletics permit a release of activity that is in keeping with normal development of any young person. Competitive sports should be fostered and encouraged as an integral part of the educational process. At the same time, administrators should be mindful of the responsibilities which they have for the proper direction of junior college athletics.”

Section 2. **In accordance with these principles the ICCAC shall promote the following objectives:**

- a. The athletic program of the community college shall be a meaningful part of the total instructional program of the institution.
- b. The athletic program of the community college shall be kept within the limits of the total staff, student body, and resources of the institution.
- c. The athletic program of the community college shall be carefully supervised by the governing board and administrative staff of the community college as any other activity within the total institutional program.
- d. The athletic program of the community college shall exist for the largest possible number of students. Therefore, every effort shall be made to encourage widespread involvement by students both as active participants and observers.
- e. The welfare of students shall outweigh all other considerations in the community college athletic program.
- f. The athletic program of the community college shall be developed in such a manner that it serves as a unifying force for the entire student body and becomes a focal point for student interest and identification with the institution.
- g. Students participating in the athletic program of the community college shall make normal progress toward their educational goals while pursuing an educational program comparable to other students within the institution.

- h. The major emphasis on the selection of participants in the athletic program of the community college shall be placed on residents of Iowa and the normal geographic area serviced by the institution.
- i. All financial assistance for athletes participating in the athletic program of the community college shall be controlled by the chief administrative officer of the institution or by a committee appointed by her/him, which is responsible for granting such assistance.
- j. The athletic program of the community college shall be established within such limits as are necessary to keep it in a proper perspective to the athletic programs of Iowa's secondary schools and four-year post-secondary institutions.

Article X. Cessation of Property Interest and Termination

Section 1. Cessation of Property Interest

All rights, title and interest, both legal and equitable, of any member, participating institution or delegate in and to the property of the conference shall cease and terminate in the event of termination of membership, removal or resignation.

Section 2. Termination

In the event of termination of this conference, all rights, title and interest, both legal and equitable, shall be disposed of by action of the ICCAC Council. The action shall transfer the property interest to a new organization or a formula shall be determined to return these interests to the member institutions.

Article XI. Sports Regulations

Section 1. Regulations Common to All Sports

- a. Dates for starting practice, season length, first and last game dates, and letter of intent signing dates are all the same as Article V, Section 20 of the NJCAA By-laws.
- b. Assignment of officials: The conference commissioner will assign officials for football, men's and women's basketball, Division II volleyball, baseball, softball, and wrestling. The athletic directors will also be responsible for hiring officials for postponements and make-up games. The athletic directors at respected schools will hire officials for the sports mentioned.
- c. Governing rules for games. Rules for the conduct of games shall be those as established by the NCAA rulebooks.
- d. Conference membership requires the submission of team statistics to the commissioner.
- e. Out of state players (Category B): Category B players are as defined in Article VI, Section 1.a of the by-laws. EXCEPTION: Football does not have the use of the bubble. A Category A football player is defined by the Iowa Community College By-laws Article XI Sports Regulations Section II. Division I Football letter D Category A.
- f. Category A and B Roster changes and/or additions for Category A, B and foreign players: A roster of the names that each institution will use to fill the limits must be provided to the commissioner one day prior to the first regular season game. Category A and B Roster changes and/or additions to the roster must be submitted to the Commissioner's office at least two days prior to the next game. Limitations for Category A and B roster changes and/or additions are as follows for each sport.
 - 1. Football: 20 Category B with no roster changes or additions (see Football By-laws for specific roster moves/limitations).
- g. Post-season tournament, etc: The host institution will submit a bid that includes revenue for participating teams and management of the tournament and/or games. The host institution is responsible for providing the director of the event and all planning.

- h. Officiating fees: FOOTBALL - \$140 per official, 7-man crew; DIV. II VOLLEYBALL-Duals \$100 per official; DIV. I MEN'S BASKETBALL - \$145.00 per official, 3 person crew; DIV. I WOMEN'S BASKETBALL \$135 per official, 3 person crew; DIV. II MEN'S BASKETBALL - \$135 per official, 3 person crew; DIV.II WOMEN'S BASKETBALL - \$135 per official, 3 person crew; DII BASEBALL \$150/doubleheader; DIVISION I SOFTBALL - \$100 per umpire for doubleheader, \$50 for one game, 2 person crew;
- i. The Constitution and By-Laws may only be amended by the member institution's president or assigned representative in regards to the specific level of play (Division I and Division II) and the specific sport.

Article XII. Event Management

Section 1. Event Management Rule:

- a. The host institution for athletic events is responsible to provide an environment conducive to the play of college athletics and good sportsmanship. Each member institution of the Iowa Community College Athletic Conference is responsible for implementing their own policies and procedures for securing a safe and sportsmanlike atmosphere for the officials, players, and spectators. These policies and procedures will be provided to the commissioner's office in writing at the beginning of each institution's academic year. Part of each institution's policies and procedures must include a specific plan for providing a safe environment for game officials on and off the court. Each institution is required to designate an administrator in charge of escorting game officials on and off the field of play. If a member institution of the ICCAC does not provide the commissioner's office with such information before their first date of competition held on their campus, that member institution will not be allowed to host an ICCAC conference game. If an unsportsmanlike act should occur, the commissioner's office would investigate, and if necessary, design a course of action to improve the policies and procedures that the member institution has implemented. If the facilities of an institution can not be easily modified to comply with the commissioner's office recommendation, or the member institution does not successfully show progress in implementing the recommended procedures that member institution will not be allowed to host an ICCAC conference game at their facilities until the situation is resolved.

Section 2. Division I: Baseball

- a. Scheduling limitations:
 1. Minimum number of contests within the conference: Play each Division I conference team four (4) games on consecutive weekend day, Saturday- Sunday, with home dates being alternated every other year.
 2. Maximum number of contests: 76 games per year with a maximum of 56 games in the spring.
- b. Mondays will be the Mandatory Make-Up dates for all conference games
- c. Roster limitations: NJCAA Rules
 1. 24 Letters of Intent
 2. 24 Scholarships, with a maximum of 6 scholarships for Non U.S. Citizens
- d. Team participation limits:
 1. Home- No limit
 2. Away- No limit
- e. Number of Athletic Grants-In-Aid: Twenty-four (24)
- f. Championship determination: All Division I teams will participate in the conference/region tournament. Seeding for the tournament will be according to their conference record.
- g. Tie breaking formula: In the event of a tie, the following tie-breaking measures will be used in order given, until the tie is broken.
 1. Head to head regular season competition against each other.
 2. Record of tied teams against other conference teams starting with the highest team in the standings and working to the lowest.
 3. A coin toss between the tied teams.
- h. Region XI Baseball Tournament Format - ICCAC Office will make up tournament bracket and seeds
 1. Five (5) team – Double elimination
 2. Sites for the Regional Tournament
2010- Marshalltown
 - a. All teams have an option to by-pass their turn to host the tournament at the fall meeting prior to the spring tournament.
 3. Requirements to host regional tournament: 1.) Field lights (candle power TBD),
2.) Fully operational scoreboard, 3.) Full infield tarp
 4. Host team for the Regional Tournament will be responsible for hiring, firing and paying the umpires.
 5. Tournament format will be a 5 team double elimination tournament.
- i. All conference selections: Will be determined by the coaches.
- j. Conference game ball: To be determined by the coaches.
- k. Submission of team statistics must be submitted weekly by 12:00 p.m. (noon) each each Wednesday, starting March 31, 2010. (for 2010 season)
- l. Division I Baseball Player cannot transfer to another Division I Baseball Institution within the ICCAC unless the school is within his home district as defined by the NJCAA.

Section 3: Division II: Baseball

- a. Scheduling limitations:
 1. Maximum number of contests: 76 games with 56 games in the spring.
- b. Roster limitations:
 1. 24 letters of intent
 2. 24 scholarships
 3. 6 scholarships non US citizen athletes
- c. Team participation limits:
 1. Home - No limit
 2. Away - Twenty-six (26) players
- d. Number of Athletic Grants-In-Aid: Twenty-four (24)
- e. Championship determination: 7 week Conference Schedule made up by ICCAC Conference Office. Conference games will be played on Saturday and Sunday with Monday or Tuesday being the mandatory make-up dates. Conference games can be changed to Friday if the coaches and athletic directors of each school agree. The conference office and the umpire assigner must be notified as soon as this decision is made. Any conference game that is not played by Tuesday will not be considered a conference game and will not be used in the conference standings. It is mandatory to have a tarp available in order to host a conference game.
 1. Any change in the location of a conference game must be approved by the coaches and athletic directors of both schools. The conference office and the umpire assigner must be notified as soon as this decision is made.
- f. Tie breaking formula: In the event of a tie, the following tie-breaking measures will be used in order given, until the tie is broken.
 1. Head to head regular season competition against each other.
 2. Record of tied teams against other conference teams starting with the highest team in the standings and working to the lowest.
 3. A coin toss
- g. Umpires shall get paid the amount of \$140 for one game.
- h. Region XI Baseball Tournament Format
 1. The 6 and 7 seeds have a "play-in" game on the Thursday night of the tournament weekend at the Regional Tournament site. The winner will be the 6 seed and play the #1 seed in the first round of the tournament. No team will be required to play three games in one day unless it is the last day of the tournament. The rest of the tournament will follow the same format as below.
 2. Six (6) team – Double elimination
 - Highest seed determines home team in the first round.
 - Home team in the second round and beyond determined by a coin flip.
 3. Sites for the Regional Tournament
2009 and on – Carroll, IA
All teams have an option to by-pass their turn to host the tournament at the fall meeting prior to the spring tournament.
 4. Requirements to host regional tournament: 1.) Full infield tarp, 2.) Field lights
 5. In the event the regional tournament cannot be completed before the district tournament, the highest seed remaining in the winner's bracket of the regional tournament will advance to the district tournament.
- i. All Region selections: Coaches will send in nominations to conference office prior to the coaches meeting before the regional tournament. Coaches vote for 2 starting pitchers, 1 relief pitcher, one catcher, 4 infielders, and 3 outfielders. After all positions are done, each coach can nominate someone for DH if they are not already on 1st Team. After 1st team and 2nd team are picked, any player receiving votes, but not on 1st or 2nd team will be Honorable Mention. All First Team players are then ranked 1-12.

Defensive Player of the Year: Coaches will nominate players for Defensive Player of the Year at the coaches meeting, and the player with the most votes will win.

1. First Team-12 players selected by coaches
 2. Second Team-12 players selected by coaches
 3. Any player that received a vote but was not placed on 1st or 2nd team All-Region will be given an honorable mention award.
- j. Conference game ball: Diamond.

Section 4. Division I: Men's Basketball

- a. Scheduling limitations:
 1. Minimum number of contests within the conference: Play each Division I team two (2) times, home and away.
 2. Maximum number of contest: 30 games
- b. Roster limitations:
 1. 15 Letters of Intent
 2. 15 Scholarships
 3. 3 Scholarships for Non U.S. Citizen Athletes
- c. Team participation limits:
 1. Home- No limit
 2. Away- Fifteen (15) players
- d. Number of Athletic Grants-In-Aid: Fifteen (15)
- e. Championship determination: Teams will be seeded according to regular season conference record. First place team will host the fourth place team. The second place team will host the third place team, semifinal winners will play a best two out of three playoff with the highest seeded team hosting games 1 & 3 if a third game is needed.
- f. Distribution of DI tournament revenue: The host team pays all expenses and keeps all revenues.
- g. Tie breaking formula: In the event of a tie, the following tie-breaking measures will be used in order given, until the tie is broken.
 1. Head to head regular season competition against each other.
 2. Record of tied teams against other conference teams starting with the highest team in the standings and working to the lowest.
 3. Power Rating and Strength Formula.
 - a. to determine strength of schedule of each team, look at all 30 (thirty) opponents and add point total using the scale listed below.
 1. Division 1 JUCO opponent...3 (three) points
 2. Division II Iowa JUCO opponent...2.5 (two and one half) points
 3. Division II JUCO and California Opponents 2 (two) points
 4. NJCAA Division III, NCAA, or NAIA JV opponent..1(one)point
 5. Military, Club, or other non-college opponent... 1/2 point
 6. Road wins will be credited with ½ point
 - b. Credit each "WIN" with 3 (three) points, 2.5 (two and one half) points, 2 (two) points, 1 (one) point, or ½ point based on each opponent's respective level of play. (a loss will count as zero points).
 - c. To calculate each teams respective "power rating" add points awarded for "Strength of Schedule" and points awarded for "WINS."
 - d. Sum=Power Rating
 4. A coin toss between the tied teams.
- h. All conference selections: Coaches send in nominations to commissioner's office. The commissioner's office then compiles all nominations and sends them back to the coaches for them to vote for their top 10. Each coach picks his 10 best players and numbers them in that order 1-10, but he cannot vote for his own players. Once all votes are in, the top 5 vote-getters are named 1st team all-conference, the 2nd 5 are 2nd team all-conference and all remaining nominations not on 1st or 2nd team are honorable mention all-conference. For All-American selections, the top 4 vote getters from the all-conference voting are nominated for All-American.
- i. Conference game ball: Rawlings NJCAA VIS - B 8 Panel Ball
- j. Game Stats Procedure: For ICCAC Division I Men's Basketball Conference Games, the home school must keep stats during the game and make the stats available for both teams at half-time and after the game.
- k. A Division I Men's Basketball Player cannot transfer to another DI Men's Basketball School within the ICCAC unless the school is within the players' home district as defined

by the NJCAA.

1. Each basketball program shall submit their official playing schedule each year by October 31st. The games on this official schedule will be used when calculating the power ranking/tiebreaker. Replacement of cancelled games will be permitted; these games are allowed to be calculated into the power ranking and must be calculated at the same level or the original game or less.

Section 5: Division II: Men's Basketball

- a. Scheduling limitations:
 1. Minimum number of contests within the conference: Play each team two (2) times, home and away.
 2. Maximum number of contests: 30 games.
- b. Roster limitations:
 1. 15 Letters of Intent
 2. 15 Scholarships
 3. 3 Scholarships for Non U.S. Citizen Athletes
- c. Team participation limits:
 1. Home - Fifteen (15) players
 2. Away - Fifteen (15) players
- d. Number of Athletic Grants-In-Aid: Fifteen (15)
- e. Championship determination: All make-up games must be completed three days before the regional tournament begins. Teams will be seeded for a conference/region tournament according to regular season record against Division II conference teams. The host team is given the option of choosing which one of the four starting times they would like for their game, and the other half of their bracket must move with them. The tournament will be held at one site with the following format:
 - March 3, 2010 Day One @ higher seed:
 - #1 vs. #8 (7pm)
 - #2 vs. #7 (7pm)
 - #3 vs. #6 (7pm)
 - #4 vs. #5 (7pm)
 - March 6, 2010 Day Two @ Iowa Central:
 - Winner of game 1 vs. Winner of game 4 1:00 pm
 - Winner of game 2 vs. Winner of game 3 3:00 pm
 - March 7, 2010 Day Three @ Iowa Central:
 - Championship game 2:00 pm
- f. Tie breaking formula: In the event of a tie, the following tie-breaking measures will be used in order given, until the tie is broken.
 1. Record vs. All tied teams Head to head regular season competition against each other.
 2. Record of tied teams against other conference teams starting with the highest team in the standings and working to the lowest.
 3. Overall Division II Junior college winning percentage.
 4. Overall NJCAA Junior College winning percentage.
 5. A coin toss between the tied teams.
- g. All conference selections: Each coach will nominate players from their team for All-American consideration. All coaches will then vote on the nominees (coaches cannot vote for their own players). Each coach selects his/her first (1st) through fourth (4th) choices. First choice is worth four (4) points, second choice is worth three (3) points, third choice is worth two (2) points, and fourth choice is worth one (1) point. The four (4) players receiving the most points are nominated for All- American in the same order as selected. The coaches will then

vote for eight (8) players for First Team All-Conference/All-Region (coaches cannot vote for their own players). Once the eight (8) players are selected for the First Team, the process will be repeated for the Second Team and the Honorable Mention.

- h. Conference game ball: Official NJCAA game ball.
- i. Conference Video Exchange: Each team can request and obtain one (1) copy per season of any game tape from each of the other teams in the conference (DII).
- j. The commissioner's office will make up the master schedule for the conference games.
- k. All Make-up Games need to be played by 3 days before the Regional Tournament starts.

Section 6. Division I: Women's Basketball

- a. Scheduling limitations:
 - 1. Minimum number of contests within the conference: Play each Region XI Div. I team two (2) times, home and away.
 - 2. Maximum number of contests: 30 games with one game against a foreign team.
- b. Roster limitations: NJCAA Rules
 - 1. 15 Letters of Intent
 - 2. 15 Scholarships, with a maximum of 3 scholarships for Non U.S. Citizens
- c. Team participation limits:
 - 1. Home-No limit
 - 2. Away-Sixteen (16) players
- d. Number of Athletic Grants-In-Aid: Sixteen (15)
- e. Tie breaking formula: In the event of a tie, the following tie-breaking measures will be used in order given, until the tie is broken.
 - 1. Head to head regular season competition involving all teams tied vs. each other.
 - 2. Record of tied teams against other conference teams starting with the highest team in the standing and working to the lowest.
 - 3. Point spread between the two tied teams
 - 4. A coin toss between the tied teams.
- f. All conference selections: N/A
- g. Conference game ball: Rawlings-widespread RW-10W

Section 7. Division II: Women's Basketball

- a. Scheduling limitations:
 1. Minimum number of contests within the conference:.
 2. Maximum number of contests: 31 games with one game against a foreign team.
 3. All ICCAC Division II Women's Basketball teams must play Iowa Western CC at least once a year, starting in the 2008-2009 season.

HOME TEAMS

Iowa Lakes
Kirkwood
AIB
Marshalltown
Southwestern

@ IOWA WESTERN

DMACC
Ellsworth
NIACC
Southeastern
Iowa Central

- b. Roster limitations:
 1. 15 Letters of Intent
 2. 15 Scholarships
 3. 3 Scholarships for Non U.S. Citizen Athletes
 - c. Team participation limits:
 1. Home-No limit
 2. Away-Fifteen (15) players
 - d. Number of Athletic Grants-In-Aid: Fifteen (15)
 - e. Championship determination: The top 8 teams will qualify for the tournament.
 1. Site Rotation: Conference/Regional Tournament Site rotation will follow this format. The team that is next on the list has until October 1 prior to the tournament to decide whether or not they are going to host the tournament.
 - a. All 8 teams at Regional Tournament must pay the \$200 tourney entry fee, No Banquet Host school will keep 100% of the revenue
 - 2010 – Southwestern
 - 2011 – DMACC
 - 2012 – Marshalltown
 - 2013 – Southeastern
 - 2014 – Iowa Central
 - 2015 – Kirkwood
 - 2016 – NIACC
 - 2017 – AIB
 - 2018 – Ellsworth
 2. The tournament bracket should be as follows:

Seed	vs.	Seed	Game Time
#1		#8	7:00 PM
#4		#5	7:00 PM
#3		#6	7:00 PM
#2		#7	7:00 PM
 3. On the Tuesday before the tournament, the first round games will be played. In case of inclement weather, first round game will be made up the next possible day.
 4. The winners of the first round games will travel to a "Final Four" site, the winner of the 1-8 game will play the winner of the 4-5 game at 6:00 pm on Thursday and the winner of the 2-7 game will play the winner of the 3-6 game at 8:00 pm on Thursday night. The higher seed will always be the home team.
 5. The two winners from Thursday night will play on Friday at 3:00 pm.
- f. Tie breaking formula: In the event of a tie, the following tie-breaking measures will be

used in order given, until the tie is broken.

1. Head to head regular season competition involving all teams tied vs. each other.
 2. Record of tied teams against other conference teams starting with the highest team in the standing and working to the lowest.
 3. Point spread between the two tied teams. (*For Example: If teams 1 and 2 are tied after all conference games are played, and they have only lost to each other, then the tie-breaker would go to the point spread in the games teams 1 and 2 played against each other.*)
 4. Overall point spread against conference opponents.
 5. A coin toss between the tied teams.
- g. All conference selections: 1st Team includes players ranked 1-10 on voting
2. Team includes 10 players
3rd Team includes 10 players
- h. Conference game ball: Rawlings-widespread RW-10w
- i. Signing Date: April 8, 2010
- j. Each team must exchange one film with every other team throughout the season. The coach can request any film from each team once in the season, and that other coach must send the tape any way they want to. If the tape doesn't get to the school that requested it, the school must send the tap via Fed Ex with a tracking number overnight. The request will be made by a request form obtained from the commissioner's office.

Section 8. **Division I: Football**

- a. Scheduling limitations:
 1. MFC Contract
 2. Maximum number of contests: eleven (11) games, two (2) scrimmages.
 3. Schedule format: Schedule rotation agreed upon by all MFC Coaches.
 4. First conference games will be played on the following dates:
 - a. 9/4/2007 in 2010
 - b. 9/3/2008 in 2011
- b. Roster limitations:
 1. Category A- No limit
 2. Squad Certification:
 - a. Full Roster- is to be provided to the Conference Commissioner by fax at least one day prior to the team's first contest each season.
 - b. Category A/B Forms- are to be provided to the Conference Commissioner by fax at least one day prior to the teams first contest each season.
 - c. Roster Changes- each team is allowed a total of four changes per season. These changes are to be telephoned and then followed by written communication to the conference commissioner at least two days prior to the team's next contest. The conference commissioner will then send these changes to all other teams. NDSCS allowed two (2) Category B roster changes.
 - d. **Category A:**
 - i. **Iowa CC-** A student who graduates or last participated in their prospective sport in the geographic area of the state of Iowa. (unlimited)
 - ii. **NDSCS-** A student who graduates or last participated in their prospective sport in the geographic area which includes the states of North Dakota, Minnesota, Montana. (unlimited)**Category B:**

A student who graduates or last participated in their prospective sport in the geographic area that is not included in Category A. Iowa/NDSCS cannot give athletic aid to

 1. Iowa=20, with no roster changes.
 2. N4C=20 with no roster changes.
 3. NDSCS=20 with no roster changes
2. Rosters and starting lineups must be emailed or faxed to every school's next opponent by Monday at 1PM each week. The rosters must list the town that each player last participated in, not hometown.
- e. Team participation
 1. Home- No limit
 2. Away- Sixty (60) players,
- f. Number of Athletic Grants-In-Aid: Eighty-five (85)
- g. Championship determination:
 - a. Head to Head Competition
 - b. Points allowed defensively in Head to Head Competition
 - c. Points allowed defensively against All Conference opponents
 - d. Coin Toss
- h. All conference selections:

First Place Team-seven (7) members
Second Place Team-six (6) members
Third Place Team-five (5) members
Fourth Place Team-four (4) members

* If two (2) teams tie, both will get the same number of selections. Coaches will vote on All Conference Punter (1) and All Conference Kicker (1). Coaches will nominate each week a Student Athlete and Athlete of the Week.

i. Game Management:

- 1. Dressing room must be open two and half hours prior to game time.**
2. Coach must call in score on Saturday to MFC Commissioner, Thom McDonald at 515.460.8081, email- iccac@iccac.org, fax- 866.587.0121
3. Video Exchange: All conference schools will trade film online using Game Film Solutions with an open library.
4. Code of Conduct: Any player or coach ejected from a game will be suspended from participation in their team's next contest. Game Management must report all ejections to the conference commissioner. A second ejection during the same season of participation will result in suspension to the individual for the remainder of the team's schedule. This suspension would be carried over from one season to the next for freshmen.
5. Officiating Crews: Seven (7) person crew at (\$140) each.
6. Medical Staff: A doctor and an ambulance must be present at each football game.
7. Sideline Communication System: the home team will provide no communication system.
8. Sideline Training Supplies: Home team is to provide the visiting team at their bench area three containers. Two with water and ice and one with just ice. As well as cups.
- 9. Team rosters: are required to have the hometowns of each member listed.**
10. Cross traffic of teams at events: visiting teams should be allowed to proceed first when appropriate.
11. Home team must provide four (4) ball "boys" (handlers), two (2) on each sideline for every game.

j. Bowl Game

Bowl Participation:

1. MFC-West would qualify their top 2 teams. The 2nd place team playing the 12pm game & the 1st place team playing their feature game.
2. Tie-Breaking Procedure:
 - a. Head to Head Competition
 - b. Points allowed defensively in Head to Head Competition
 - c. Points allowed defensively against All Conference opponents
 - d. Coin Toss
3. MFC-East would have the option to use the playoff system to qualify their top 2 teams, where 1 would host 4 & 2 would host 3. The top 2 teams in the N4C would advance to the Graphic Bowl game. The #2 team would play in the 12pm game and the #1 team would play in the feature game.
4. If an MFC-East football team chooses to play in another bowl game, MFC-West would have the option to bring in an at large football team to replace the #1 team from the MFC-East. The at large team would most likely play in the feature game at the Graphic Bowl.
5. If an MFC-West team chooses to play in another bowl game for the NJCAA Championship, their #3 team would play the 12PM game and their #2 team would play the featured game.
6. Region 11 teams must sell \$1000 worth of tickets and \$1000 worth of ads for the Bowl Game program. If they do not sell that much, they have to pay the difference. Anything over \$1000 and the school gets to keep 10%.

- k. Conference game ball: Wilson (1001) football home team must have three balls present for each game.
- l. Fees for the conference and bowl game:
 - 1. Commissioner's office- \$500
 - 2. The Graphic Edge Bowl- \$500
- m. The Midwest Football Conference meeting must take place before August 1 each year to avoid conflicts with practice time.

Section 9: Division II: Men's and Women's (One division) Golf

- a. Scheduling limitations:
 - 1. Maximum number of contests: Thirty (30) dates, fall and spring combined.
- b. Roster limitations:
 - 1. 8 Letters of Intent
 - 2. 8 Scholarships
 - 3. 2 Scholarships for Non U.S. Citizen Athletes
- c. Team participation limits:
 - 1. Home - No limit
 - 2. Away-No limit
- d. Number of Athletic Grants-In-Aid: Eight (8) of which two (2) can be for foreign players.
- e. Championship determination: The school that wins the regional tournament.
 - 1. 2010 Women's Regional tournament: Hosted by DMACC
 - 2. 2010 Men's Regional tournament: Hosted by AIB
- f. All conference selections: Top 5 finishers at the regional Tournament are First Team, 6-10 are second team, and 11-15 are Honorable Mention.
- g. Women's Golf - The lowest 10 scores and ties from the regional tournament will qualify for nationals. The winning team will also qualify for nationals. If the winning team has 5 individuals in the top 10, then we will take the winning team, plus the 5 other lowest scores. If the winning team only has 1 individual in the top 10, we will take the winning team plus the 9 other lowest scores, and all scenarios in between.

Section 10. **Division I: Soccer**

a. Scheduling limitations:

1. Maximum number of contests: The season shall consist of no more than twenty-two (22) games/scrimmages combined and a maximum of twenty (20) games in the fall only.
2. Standard and Recommended game times will be 2:00 pm and 4:00 pm for two matches at one site on game days.
 - a. If only one game at a site, 4:00 pm on weekdays and 2:00 pm on weekends.
 - b. Game Times may be adjusted if both coaches and A.D.'s from both teams agree. Host school responsible for contacting officials if game time change.
 - c. Recommended that schools consider alternating start times for Men's and Women's matches.
 - d. The ICCAC may assess a penalty for coaches who do not provide the opposing coach the NJCAA Roster Form before every game. Penalties will be \$50 for the 1st occurrence, \$100 for the 2nd occurrence, then forfeit for the 3rd and continuing occurrences.
 - e. All Games must kick off within 15 minutes of scheduled time. Only Center Officials can delay a start time. Home team is responsible for having a well-prepared field.
 - f. ICCAC Website will serve as "Official Contract" between scheduled programs. Any conflicts will be negotiated between Athletic Directors and corrected on website at least 24 hours before kick-off.
 - g. If an ICCAC team is unable to compete in a scheduled match, that program will be responsible for cost of contracted officials and any/all travel costs incurred by the opposing program.
 - h. Cancelled games will result in a forfeit and a 1-0 result.

b. Roster limitations:

1. 18 Letters of Intent
2. 18 scholarships
3. Maximum of 4 Non U.S. Citizens on Scholarship

c. Team participation limits:

1. Home – Twenty-five (25) players
2. Away - Twenty-five (25) players

d. Number of Athletic Grants-In-Aid: Eighteen (18)

e. Championship determination:

1. Home and Away, Double Round Robin League Structure
 - a. Win/Forfeit Win- 3 points
 - b. Tie 1 Point
 - c. Loss/Forfeit Loss 0 points
2. Tie Breaker - Two Teams Tied
 - a. Accumulation of red cards. Team with the least amount of red cards, which includes coaching staff ejections.
 - b. Head to Head: League Points earned in two games versus each other
 - c. Goal Differential in those two games.(If any of the tied teams won a conference match by forfeit, then all tied teams' matches against the team that forfeited would be thrown out of this step of the tie breaker.)
 - d. Overall Goal Differential in all conference games. (If any of the tied teams won a conference match by forfeit, then all tied teams' matches against the team that forfeited would be thrown out of this step of the tie breaker.)
 - e. Co-Champions would be named and a Commissioner's coin flip will be used for seeding purposes.
3. Tie Breaker - Three (3) or more teams
 - a. Accumulation of red cards. Team with the least amount of red cards, which includes coaching staff ejections.
 - b. Calculate results of league points system in all games among tied teams

only.

c. Calculate goal differential among all remaining tied teams. (If any of the tied teams won a conference match by forfeit, then all tied teams' matches against the team that forfeited would be thrown out of this step of the tie breaker.)

d. Co-Champions will be named and a Commissioner's blind draw out of a hat will be used for seeding of three or more teams (Coin flip if only two teams still tied).

f. All conference selections:

Men's: 1st place team gets 4 players on 1st team, 4 players on 2nd Team and 2 players on Honorable Mention, 2nd Place gets 3, 3, and 2, 3rd place gets 2, 2, and 2, 4th place gets 2, 2, and 2, 5th place gets 1,1, and 2, 6th place gets 1, 1, and 2 and 7th place gets 1, 1, and 2, 8th place gets 1, 1, and 2 Goalies will be voted for with the top vote getter on first team, then second team, and Honorable Mention.

Women's: 1st place team gets 3 players on 1st team, 3 players on 2nd team and 2 players on HM. 2nd Place team gets 3, 3, and 2. 3rd place team gets 2, 2, and 2. 4th place and 5th place team gets 1, 1, and 2. Goalies will be voted for with the top vote getter on first team, then second team, and Honorable Mention.

g. Conference game ball: Brine or Baden

h. Coaches must report yellow cards received in writing to the Commissioner's Office the following morning after a game. Any player that accumulates 5 yellow cards will be suspended for the team's next game.

i. Tournament play- Regional Tournament fee of \$150 per team (men and women)

1. Site rotation:

2009 – Marshalltown CC

2. If there are 4 teams the games will only be played on Saturday and Sunday.

3. If there are more than 4 teams, the first round will be hosted by the highest seeds on Wednesday of the tournament week. Semifinals and the championship game will be played on Saturday and Sunday. The host schools will be in charge of hiring and paying the officials like a normal game.

4. 2009 ICCAC Men's tournament format:

The seeds:

#1 play #8

#4 play #5

#3 play #6

#2 play #7

the winners will go on to the final four.

5. 4 game officials will be used at the regional tournament for the Semi-Finals and Finals of both the Men and Women's Tournaments.

j. Individual medals will be given to the winners of the regional tournament.

k. Coaches will vote for a Men's and Women's Coach of the Year Award.

i. Game Regulations

1. At least three (3) officials for each match, one (1) center and two (2) sideline officials, in emergencies, games may be played using at least two (2) officials. The home team will provide the officials with a sheet that details the differences between NCAA and NJCAA rules.

2. Uniforms should conform to NCAA rules and regulations. The home team should wear light colored uniforms unless mutually agreed upon by both head coaches.

3. At least three (3) balls should be made available as game balls. Brine or Baden balls may be used for conference matches, as long as all balls used during the match are the same.

4. Four (4) ball runners are required to be supplied by the home team, the ball personnel should meet with the officials before the game to know their duties.

5. Field Dimensions should be at least 110yds by 70 yds.

6. Field Markings should meet NCAA requirements and be freshly or obviously marked. Corner flags and half-field flags are required. Bench Personnel and scoring table markings are highly recommended.

7. Goals should meet NCAA and FIFA standards to include a post and cross bar dimension facing 4" inches. Nets shall be completely secured and confirmed by officials prior to kick-off.
8. Conference Line-up Sheets (NJCAA Roster Caution forms) shall be supplied by each team for the center officials and scorers table. The ICCAC may assess a penalty for coaches who do not provide the opposing coach the NJCAA Roster Form before every game. Penalties will be \$50 for the 1st occurrence, \$100 for the 2nd occurrence, then forfeit for the 3rd and continuing occurrences.
9. A score table, home timekeeper, and sounding device must be set up at mid-field for all games. An official time keeper should be assigned if a scoreboard is being used. Otherwise, time shall be kept by the officiating staff.
10. An official conference score sheet and/or statistics sheet must be used for all conference games. Each coach and the center official should certify the stats as correct with a signature and date following the match. A copy of the game stats will be sent to each program and the ICCAC via fax or e-mail with all cards noted. This must be sent with 24 hours of the completed match, or by 12:00 noon Monday for a weekend match.
11. A certified Athletic Trainer should be made available on site for each game at least 45 minutes before kick-off. Each team is responsible for their own taping and other medical materials. Water for each team should be supplied by the home team. Visiting teams are requested to bring their own water bottles or cups and appropriately clean the bench area at the conclusion of the contest.
12. Spectators must be seated on the side of the field opposite the teams or in an area behind the teams separated by a barrier (as in stadium seating). No spectators are allowed behind a goal that does not have a barrier, running track, or bleachers.

Section 11. **Division I Softball**

- a. Scheduling limitations
 1. Minimum number of contests within the conference: Division I-All Division I schools schedule other members in a home-home doubleheader.
 2. Maximum number of contests: Forty (40) playing dates with a maximum number of thirty (30) dates in the spring.
 - b. Roster limitations
 1. 24 Letters of Intent
 2. 24 Scholarships
 3. 6 scholarships for Non U.S. citizens
 - c. Team participation limits:
 1. Home- No limit
 2. Away- Twenty-four (24) players
 - d. Number of Athletic Grants-In-Aid: Twenty-four (24)
 - e. Championship determination:
 1. Division I –The regional tournament will be held on a rotating basis, the following will be the next rotation.
2010 - Southeastern CC
Seeding based on record against Division I conference opponents. In the event of a tie, tie-breaking measures will be used in order given, until tie is broken.
 - a. Head to head record between the teams that are tied.
 - b. Fewest runs allowed between the teams that are tied.
 - c. Most runs scored between the teams that are tied.
 - d. Record against all Region XI DI teams.
 - e. Fewest runs allowed against all Region XI DI teams.
 - f. Most runs scored against all Region XI DI teams.
 - g. Coin flip.
2. Regional Tournament Format
- Game One – Seed #1 vs. Seed #4
Game Two – Seed #2 vs. Seed #3
Game Three – Loser of game one vs. Loser of game two
Game Four – Winner of game one vs. Winner of game two
Game Five – Winner of game three vs. Loser of game four
Game Six – Winner of game four vs. Winner of game five
Game Seven – If game six loser only has one loss, then Winner of game six vs. Loser of game six
- f. All conference selections:

There will be 11 players selected to First Team All-Region and 11 players for Second Team All-Region.
 - g. All-Region Selection is based on Regular Season finish.
 - 1st place team gets 5 players on 1st team and 4 players on 2nd Team.
 - 2nd place team gets 3 players on 1st team and 3 players on 2nd Team.
 - 3rd Place team gets 2 players on 1st team and 2 players on 2nd Team
 - 4th place team gets 1 player on 1st team and 2 players on 2nd Team.
 - h. Conference game ball: NJCAA Game Ball (Dudley .47 compression ball)
 - i. Process for approving officials is as follows:
 - a. The Conference commissioner’s office and the coaches will each secure a list of approved officials.
 - b. This list will be sent out to all the schools.
 - c. The school may then ask that any official be left off.
 - d. The conference will then take these requests and compile a new list.
 - e. All officials on this list will be considered qualified to ref both regular season and

tournament games.

f. DI Softball will use 3 umpires for Region XI regular season games and for the Regional Tournament.

j. Special Awards:

Coaches cannot vote for their own players . In the event of a tie, there is a re-vote. If there is another tie the Commissioner's Office will select the player of the year.

- Defensive Player of the Year
 1. Has to be on first team all region
 2. Has to of played in 75% of games
 3. Only allowed one nomination from each team.
- Pitcher of the Year
 1. Must have 1/3 of starts.
 2. Must be on First Team All-Region.
- Offensive Player of the Year
 1. Must be on First Team All-Region
 2. Must have played in 75% of games.
 3. Only allowed one nomination from each team.
- Coach of the Year will be the winner of regional tournament.
- Player of the Year will be the top vote getter for All-American rankings

k. Officials pay: \$100 for a conference double-header.

Section 12. **Division II. Softball**

a. Scheduling Limitations

1. Minimum number of contests within the conference: All DII Softball teams will play everyone in the conference home and away for a total of 28 Games.
2. Any regularly scheduled conference game that is postponed due to weather must be made up within 7 days from the original scheduled date. Teams must try to get the games made up as soon as possible and if the game cannot get played within the 7 days, the games will not be played.

b. Roster limitations

1. 24 letters of intent
2. 24 scholarships
3. 6 non US citizen athletes

c. Team participation limits:

1. Home- No limit
2. Away- Twenty-four (24) players

d. Number of Athletic Grants-In-Aid: Twenty-four (24)

e. Championship determination:

1. Division II – The NCAA DI College World Series Format will be used. For the Final two teams - If both teams are undefeated or if both teams have one loss, then we will have a one - game championship game. If one team is undefeated and one teams has one loss, we will have a championship game and an if necessary game if the undefeated team losses the first game. The 6 & 7 seeds will have a play-in game. The 1 & 2 seeds will have a 1st round bye. It will be a double elimination tournament.
2. Region Tournament Sites –2009 and 2010 - Iowa Central CC

f. Tie breaking formula: In the event of a tie, the following tie-breaking measures will be used in order given, until the tie is broken.

1. Head to head record between the teams that are tied.
2. Fewest runs allowed between the teams that are tied.
3. Most runs scored between the teams that are tied.
4. Record of tied teams against other conference teams starting with the highest team in the standings and working to the lowest.
5. Coin flip

g. All conference selections: Coaches will send in a list of nominations to the ICCAC with the players' name, position, and whether the coach was nominating the player for 1st or 2nd team All-Region. The ICCAC will compile all nominations. Coaches can vote for their own players. 3 Pitchers, 2 Catchers, 5 Infielders, 4 Outfielders, 1 Utility, and 1 Designated Player on 1st Team, the same numbers on 2nd Team, and Honorable Mention Team. Coaches will vote for All-American team first, then complete the remainder of the 16 member All-Region team, then 2nd team, then Honorable Mention team. All-Americans will automatically be placed on 1st Team All-Region. ICCAC staff and coaches will determine the first large margin of votes between nominees during the All-American process. Only the players forwarded to the NJCAA for All-American nomination will be placed on 1st Team All-Region. Voting process will then begin for remainder of All-Region teams.

h. Conference game ball: NJCAA Game Ball

i. All ICCAC softball host schools must take all necessary actions to have their field ready for play. If a tarp is not utilized and if field is not ready, host school may travel to opponent's field. If this occurs, teams will then flip-flop home game dates. During the last two weeks of the season, if host school must travel to an opponent's field due to bad field conditions, host school may lose a home game.

j. Host schools are required to drag the field between games.

k. Each team must follow a specific outline for pre-game warm up. Protocol would allow for a certain amount of time in the cage and on the fields. This will eliminate problems when both teams are trying to use the field at the same time. Host team must post pre-game protocol in both dugouts.

l. All teams must have an up to date and accurate roster on their website at all times during

the season. If a change is made to your roster and you are unable to get it on your website in a timely manner, the school must fax or e-mail their roster to their opponent 7 days prior to the game, or if the game is being played in less than 7 days, as soon as the change is made.

Section 13. Division I Volleyball

- a. Scheduling limitations:
 1. Minimum number of contests within the conference: DI and DII Schools are to play each other at least once each season. If both teams agree not to play, they do not have to.
 2. Maximum number of contests: Thirty-two (32) dates with a maximum of twenty-eight dates in the fall.
- b. Roster limitations: NJCAA Rules
 1. 14 Letters of Intent
 2. 14 Scholarships, with a maximum of 3 scholarships for Non U.S. Citizens.
- c. Team participation limits:
 1. Home - No limit
 2. Away - Fifteen (15) players
- d. Number of athletic grants in aid: fourteen (14)
- e. Championship determination:
 1. Site Determination: Only the home and home matches between the two will be taken into consideration.
 2. One team wins both matches.
 3. The Region XI Schools will compete in a super regional tournament with Regions 4 and 24.
 4. When Region XI hosts, the Region XI regular season champion will be the host of the super regional.
- f. Tie breaking formula: In the event of a tie, the following tie-breaking measures will be followed:
 1. Game record of the two matches
 2. Total number of points in the two matches
 3. Coin Toss
- g. All conference selections: If one team is 2-0 in conference, they get 4 players on All-Region and the other team gets one. If both teams are 1-1 in conference, both teams get 3 players on All-Region.
- h. Conference game ball: Will be determined by coaches.

Section 14: Division II Volleyball

a. Scheduling limitations:

1. Each team within in a “Division” will play 2 conference matches each season, home and away. Each team will be required to play each team a 3 of 5 match with each team in the other division being played at the ICCAC Cross Divisional Tournament the 4th Weekend in October.

North Division (11a)

1N – Marshalltown

2N – Ellsworth

3N – Iowa Central

4N – Iowa Lakes

5N – NIACC

South Division (11b)

1S – Clinton

2S – Kirkwood

3S – DMACC

4S – Southeastern

5S – Southwestern

2. DI and DII schools are to play each other at least once each season. However, if both teams agree that they do not want to play, they do not have to.

3. Maximum number of contests: Thirty-two (32) dates with a maximum of twenty-eight (28) dates in the Fall.

4. There will be a Cross-Over Tournament where everyone from the North plays everyone from the South in a 2 out of 3 match. The tournament will be held at Marshalltown in 2009 with a rotation being set in the Fall of 2009. The tournament entry fee is \$400.

b. Roster limitations: NJCAA Rules

1. 14 Letters of Intent

2. 14 Scholarships with a maximum of 2 scholarships for Non U.S. Citizens.

c. Team participation limits:

1. Home - No limit

2. Away - Fifteen (15) players

d. Number of athletic grants in aid: fourteen (14)

e. Championship determination: Teams will be seeded for a region tournament according to regular season record against conference divisional opponents.

1. Site Rotation:

2009 Clinton (South 11b)

2009 Iowa Central (North 11a)

2010 DMACC (South 11b)

2010 NIACC (North 11a)

2011 Kirkwood (South 11b)

2011 Ellsworth (North 11a)

2. Each region (11a and 11b) will have their own regional tournament. The 4th and 5th seeds from each region will have a “play-in” game on the Tuesday before the tournament at the site of the 4 seed to determine who will play the #1 seed. The semi-finals will be on Friday night at 5:00 pm and 6:30 pm, with the championship game being on Saturday

f. Tie breaking formula: In the event of a tie, the following tie-breaking measures will be followed:

1. Divisional Match Record

2. Head to Head Matches

3. Head to Head Games

4. Overall Division Game Winning Percentage

5. Overall Cross Divisional Match Record - Only Matches at Cross-Divisional Tournament

6. Coin Toss

If 3 or more teams are tied the tie breaking formula will be followed to determine the higher seeded team out of the group. Once this team is established, the remaining teams will start over through the tie-breaking criteria with each other. This will continue until all seeds are established.

- g. Tournament Fee: The 4 schools in each division's Final Four each pay the \$200 entry fee and the other 2 schools who lose in the "play-in game" will not pay. The officials in all regional tournament games will be paid for by the host school.
- h. All conference selections: All conference selections: Each Region (11a and 11b) will select an All-Region team with 6 players on 1st Team and 6 Players on 2nd Team. The ICCAC will then have an All-Conference team with 8 players on 1st Team, 8 Players on 2nd Team, and an Honorable Mention Team consisting of any player receiving a vote for 1st or 2nd Team All-Conference, but not making 1st or 2nd Team. All-Region, All-Conference and All-American voting will be done at the Cross Divisional Tournament.
- i Conference game ball: Tachikara NJCAA ball
- j. The Post-Season Coaches Meeting will always be in person in Des Moines, IA on the first Monday of December at 10:00 am. The Pre-Season Coaches Meeting will be via teleconference the first Thursday in August at 10:00 am.
- k. All Tournament Team:
At the Regional Tournament after each match, each coach will vote for 4 players, 2 of their own and 2 from the opposing team. At the end of the tournament, all the votes will be tallied and the top 7 vote getters will be recognized. The top vote getter will be named Regional Tournament MVP. If there is a tie for Regional MVP, the individual on the team that finished higher in the tournament will receive the award.
- l. All coaches must submit their top 10 officials to the ICCAC office by Oct. 1st.

Section 15. Division I Wrestling

- a. Scheduling limitations:
 - 1. Maximum number of contests: Twenty (20) meets.
- b. Roster limitations:* Effective August 1st, 2007
 - 1. 16 Letters of Intent
 - 2. 16 Scholarships
 - 3. 4 Scholarships for Non U.S. Citizen Athletes
- c. Team participation limits:
 - 1. Home - No limit
 - 2. Away - No limit
- d. Number of Athletic Grants-In-Aid: Sixteen (16)
- e. Championship determination: Not available at this time
 - 1. Tie breaking formula: Not available at this time
- f. All conference selections: To be determined by the coaches.

Section 16. Division I Men's and Women's Cross Country

- a. Scheduling limitations:
 1. Maximum number of contests: Ten (10) meets.
- b. Roster limitations:
 1. 10 Letters of Intent
 2. 10 Scholarships
 3. 2 Non U.S. Citizen Athletes on Scholarship
- c. Team participation limits:
 1. Home - No limit
 2. Away - No limit
- d. Number of Athletic Grants-In-Aid: Ten (10) for cross country
- e. Championship determination: Finish at Region XI Meet will determine conference championship.
 1. Site Rotation
 - 2010- Southwestern CC
 - 2011- North Iowa Area CC
 - 2012- Iowa Lakes CC
 2. Women will run 5K and men will run 8K at Region XI meet.
 3. There will only be one race and no JV race at the conference meet.
 4. Each team will have a five (5) person team. Men have the Top 5 runners score and 2 pushers, and the Women will have the top 5 Score and 2 pushers.
 5. The Regional Championship will be on Sunday, October 26th, 2008 in Iowa Falls, IA. The Regional Meet is to start at 11:00 am with the Men and Women alternating who starts first.
2010 – Women First, 2011 Men First
 6. Dead man scoring will be used at the Region XI meet. No athlete from any team will be removed from the final team scores. If a women's team does not total 4 athletes and a men's team does not total 5 athletes in the race, a "dead man" score is generated for the additional places. Dead man scoring will be determined by adding 1 overall place of the last athlete in the race. For example, if there are 50 athletes who finish in the race, the dead man value will be 51. No incomplete team can win the over all meet championship.
- f. All conference selections:

Women- - First five (5) finishers, places 1-5, will be named 1st Team All-Region. Second five (5), places 6-10, will be named 2nd Team All-Region, places 11-20 will be named Honorable Mention All-Region. *Men-* First five (5) finishers, places 1-5, will be named 1st Team All-Region. Second five (5), places 6-10, will be named 2nd Team All-Region, places 11-25 will be named Honorable Mention All-Region.
- g. A time trial will be held at the beginning of the year, and will be hosted by the school who is hosting the regional meet.

Section 17. Division I: Men's and Women's Track and Field

- a. Scheduling limitations:
 1. Maximum number of contests: Twenty (20) combined indoor/outdoor meets.
- b. Roster limitations: As stated in NJCAA Handbook
- c. Team participation limits:
 1. Home- No limit
 2. Away- No limit
- d. Number of Athletic Grants-In-Aid: Twenty (20) for track and field.
- e. Championship determination: Finish at Region XI meet will determine conference championship. Region XI Indoor Regional Meet will be the UNI Indoor Meet on Feb. 21st, 2010. Outdoor Regional Meet will be at Iowa Western CC on May 7-9, 2010.

Section 18: Division I Men's Golf

- a. Scheduling limitations:
 1. Maximum number of contests: Thirty (30) dates, Fall and Spring combined.
- b. Roster limitations:
 1. No limit on number of golfers
- c. Team participation limits:
 1. Home-No Limit
 2. Away- No Limit
- d. Number of Athletic Grants-In-Aid- Eight (8) of which two (2) can be for foreign players.

Article XII. Awards

Need the athletic directors to develop this article with a section for each sport detailing how team and individual awards will be distributed. Another section detailing how conference all-academic teams will be selected.

Article XIII. Selection Procedure for NJCAA Men's and Women's Directors by the Administrative Body

Presidents must still determine these items:

- Organize a state tournament or inter-divisional competition regardless of division status.
- Creation of regionalized structure for geographical and travel benefits.
- Goals to provide equality for men and women with regard to Title IX regulations.